



PACE E BENE

TAU FRATERNITY

**Tau Fraternity of the Secular Franciscan Order – Herndon, Virginia
St. Margaret of Cortona Region**

<https://tauofs.org/>

December 2020

MINISTER'S MESSAGE

Peace and all good!

As the cycle of Advent opens — with the octave of Christmas close behind — we begin to enter into the deep mystery of the season: Christ coming among us; Christ becoming one of us.

This improbable and incredible occasion is also the ideal time to remember a certain truth about our faith, and our Franciscan charism:

We **prop**ose, we do not **im**pose.

Christ incarnate, the Christ we adore in a manger scene, is the ultimate expression of this principle of evangelization. Who, wishing to compel belief, would willingly become the most helpless form of humanity — an infant?

And yet, that's precisely the point.

Christ comes to us as a baby because, as St. Thérèse of Lisieux said, “A God who became so small could only be mercy and love.”

Jesus did not reveal Himself to us with legions of the heavenly host in tow, demanding our devotion. No, He entered our world as a powerless child.

Christ **prop**oses; He does not **im**pose.

During His ministry, Jesus says of Himself, “For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many” (Mark 10:45) and “For who *is* greater, he who sits at the table, or he who serves? Is it not he who sits at the table? Yet I am among you as the One who serves” (Luke 22:27).

Christ **prop**oses; He does not **im**pose.

And as He was crucified and dying an excruciating death, did Jesus call down destruction upon His tormentors? No, He instead asked His Father to forgive them.

Christ **prop**oses; He does not **im**pose.

Think of the parable of the sower (Mt. 13:1-23; Mark 4:1-20; Luke 8:4-15). In some places, the seed takes root; in others, it doesn't. What's the difference? It's the depth of the roots. And deep roots never grow from fear, or forced belief. They grow deep only from a freely chosen, freely given, authentic embrace with the Divine — a mutual exchange of love between Creator and created.

But what about “fear of the Lord”, a phrase we commonly find in the Bible? A passage from the scriptural and linguistic reference website “Hebrew for Christians” is instructive on this point:

“The word translated ‘fear’ in many versions of the Bible comes from the Hebrew word *yirah* (יִרָא), which has a range of meaning in the Scriptures. Sometimes it refers to the fear we feel in anticipation of some danger or pain, but it can also mean ‘awe’ or ‘reverence’. In this latter sense, *yirah* includes the idea of wonder, amazement, mystery, astonishment, gratitude, admiration, and even worship (like the feeling you get when gazing from the edge of the Grand Canyon). The ‘fear of the LORD’ therefore includes an overwhelming sense of the glory, worth, and beauty of the One True God.”

Awe; reverence; wonder; amazement; mystery; astonishment; gratitude — all of these are perfect responses to the miracle of Christmas and the Incarnation. But perhaps the most fitting response of all is love; just love. Love of God, love of one another.

Indeed, it's what Jesus tells us is most important: “And he said to him, ‘You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the great and first commandment. And the second is like it, ‘You shall love your neighbor as yourself.’” (Matthew 22:37-39)

God doesn't need us — but He does want us.

Why? Again, love.

And that, ultimately, is the “reason for the season”. May yours be blessed.

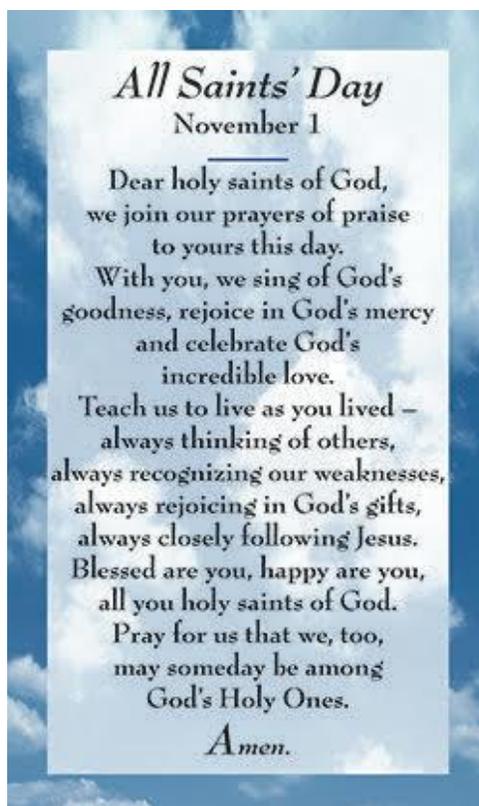
Holding you all in prayer,

Kimberley

RECAP OF LAST GATHERING

OPENING PRAYER

Offered by Kimberley Heatherington, OFS:



REMEMBRANCE SERVICE

Sally White, OFS led the Annual Remembrance Service for deceased Tau Brothers and Sisters. Sally said a few words about each of our deceased members. Kimberley and Sally led the Canticum of The Creatures as is presented in the Franciscan Wake Service. Following the service, Kimberley led the Franciscan Crown Rosary in remembrance of Catherine Williams, OFS; Sally assisted.

FORMATION

Walter Gawlak, OFS led a discussion on suffering, He talked about feelings of sadness due to the effects that the pandemic has had on Beena Job's profession and the Mass. He asked how others were feeling and what they are doing to bring joy back. Members shared their experiences. Some common thoughts were:

- People are finding help through prayer groups, reading, and other ways of praying.
- People are finding ways to deal with and overcome fear.

PRAYER SUBMISSIONS

Please keep the following members, relatives, and friends in your prayers:

For physical and spiritual healing of John Ata; Cynthia Filan-Kim's sister; Sally White; Richard & Carole Clarke and their grandsons Liam and Rory; Helen Broxmeyer and her daughter Susan; William Brewster; Irene Naveau; and Kay Flynn. For the repose of the soul of Ambrose Kim. For the patients and Sisters at the Missionaries of Charity Gift of Peace House. For the people affected by Coronavirus and their caregivers. For the Mother of Mercy Free Medical Clinic and its patients. For all peoples who suffer persecution. For the victims of natural disasters. For the lonely and brokenhearted who feel despair during the holidays. For all those who are in need of our prayers who have been inadvertently omitted from this list.

Please forward prayer requests to Vera Stewart, OFS by the 14th of the month, so that they may be included in the newsletter.

ST. VINCENT DE PAUL

Help to feed the hungry. Cyndy Filan-Kim, OFS volunteered to shop and deliver food to the St. Vincent de Paul Society chapter at her parish. Money from the Tau General Fund will be used to purchase needed food items. If you wish to contribute, please send a check to Cyndy.

Thank you!

MISSIONARIES OF CHARITY HOSPICE APOSTOLATE

Mark your calendars for our next meal drop off for the hospice patients at the Missionaries of Charity Gift of Peace House in Washington, DC, on Saturday, December 12.

Please contact Pat B., OFS or Joe M., OFS if you are interested in preparing a dish. Joe will be doing curbside pickups from volunteers who cook, on Friday night and early Saturday morning.

As always, thanks to St. John Neumann Parish for its financial support, and all of the volunteers who cook.

Alleluia! Alleluia! Alleluia!

INDIVIDUAL APOSTOLATES

Tau Christmas Card Apostolate: This year Tau fraternity donated hundreds of Christmas cards to be sent to deployed military members and to veterans. Over 2,300 cards were signed and mailed this year. Since this

apostolate began, over 7,500 Christmas cards have made their way to our deployed troops. Donated cards will be signed throughout the next year for the next mailing in 2021. Thank you to everyone who donated cards.

Apostolates of the First Brothers and Sisters of Tau Fraternity

By Sally White OFS

Tau fraternity was canonically established June 21, 1992 with a small council (the Founders) and a group of devout Catholics who wished to join the Secular Franciscan Order. Many of these early brothers and sisters of Tau fraternity have since passed away or moved away to other parts of the country. Some, however, still remain with Tau fraternity and continue to build the Tau community through their good deeds and companionship with the Tau brothers and sisters. I was blessed to be their formation director and watched how they adapted the Rule to their lives over the last decades. This is a series of stories about those few who remain with us today and their apostolates.

Frank Bowen, OFS

We all know Jesus's message throughout the Scriptures to help the poor with food, clothing and the means to survive. All of us at some time have donated money, food, clothing and household goods to organizations that directly help the poor among us. One of our brothers, Frank Bowen OFS, has gone a step farther, he has for the last 15 years delivered and distributed clothing, household items any toys to the poor in Southwestern Virginia.

His story began in the early 90s when he started his formation in one of the earliest formation groups in Tau fraternity. As his formation director observing Frank with his infectious smile and candid remarks about serving others especially the poor which were the center of many of his formation discussions, I knew Frank would help others. After Frank was professed in 1996, he participated in all of the fraternity programs including cooking for the Gift of Peace House of the Missionaries of Charity Sisters, and accepted a position as Treasurer on the Council.

In the early years of his membership in Tau, Frank applied the Rule to his life outside of Tau through his volunteer activities with St. Joseph Catholic Church as a Eucharistic Minister and later as the Vice Chairman on the Parish Council. He also was active in charitable programs of the Knights of Columbus. Through his parish ministries he became an active volunteer at The Clothes Closet in 2005.

The Clothes Closet (<http://theclosetofgreaterherndon.org>) was founded in 1974 by a group of churches to assist low-income families by selling used clothing. As the Clothes Closet expanded with over 30 participating churches, the amount of other donations expanded as well to include not only clothing but household goods and toys. Soon items that were not sold were distributed to the poor in Southwestern parts of Virginia and the Truck Ministry was born.

Fifteen years ago Frank became a volunteer truck driver and is now in charge of the Truck Ministry. Frank never knows when he will be called to drive the truck because the calls come in whenever there is a need and often it is on a Sunday. Frank drives the Clothes Closet truck as often as twice a week to distribution points in Southwestern Virginia. Frank's drop off points are at Stanley, Woodstock, Elkton, Shenandoah and Luray Virginia. There he is met by families that then further distribute clothing, household items and toys to others.

Today, along with the Truck Ministry, Frank has a very special apostolate within the fraternity. Irene Naveau OFS is his apostolate. Frank considers Irene to be his big sister and takes his responsibilities with her very seriously. He drives her to medical appointments, runs errands for her and has visited her weekly for the last five years. Frank also drives another member of St. Joseph's parish to all her medical appointments.

Throughout his years as a Secular Franciscan, Frank has always been the first to step up when there is someone in need. When his parish asked him to be a Eucharistic Minister, Frank was there. When the parish asked him to serve on the parish council, Frank was there.

As one of the longest member of Tau fraternity, when members needed help, Frank was there. Whether it is making a midnight run to a veterinary emergency hospital for a sister's cat, taking the Eucharist to brothers and

sisters who are ill or homebound, driving out of state to take a sister's family member to a doctor's appointment, or being the Clothes Closet's Truck Minister, Frank has always followed the Rule as his guide to helping others.

TAU COMMITTEES

If you are interested in participating actively in one of our Committees, take a moment to chat with the chair:

Hospitality Committee – Veronica O'Donnell, OFS
Interfaith/Ecumenical Committee – Kimberley Heatherington, OFS
Infirmarian Committee – Sally White, OFS
Recruitment Committee – Vacant
Technology Committee – John Ata, OFS

INTERFAITH/ECUMENICAL COMMITTEE

Archbishop of Canterbury: May Christians face pandemic in unity



Anglican Archbishop Justin Welby speaks with Vatican Media about the challenges facing Christians due to the pandemic, the ecumenical importance of the encyclical "Fratelli tutti", and his hopes for peace in South Sudan.



Pope Francis greets Archbishop Justin Welby on 13 November 2019 (Vatican Media)

By Alessandro Gisotti

Just over one year ago, on 13 November 2019, the Archbishop of Canterbury, Justin Welby, met Pope Francis in the Vatican for a private audience.

In that short space of time, the global situation has drastically changed due to the pandemic. However, the dramatic arrival of Covid-19 has only reinforced the importance of those themes—solidarity, ecology,

religious freedom, and peace—which have found particular resonance with both the Bishop of Rome and the Primate of the Anglican Communion.

One year after their most recent meeting, and one month after the publication of *Fratelli tutti*, Archbishop Justin Welby granted a wide-ranging interview to Vatican News and the *Osservatore Romano* to talk about the issues currently facing the world. He focused his reflection on the contribution Christians can make in this moment, which is so deeply affected by suffering.

Q: Your Grace, the last time you met the Holy Father was just a year ago, on November 13, in the Vatican. Yet the world has changed radically since then due to the outbreak of the pandemic. What can Christian leaders like you and the Pope do to foster hope in a time of global fear and suffering?

Fundamentally, our hope is in Jesus Christ, ‘the same yesterday, today and forever’ (Hebrews 13. 8). Whilst the world may change the love of God through Jesus Christ is unchanging. ‘The steadfast love of the Lord endures for ever’ (Lamentations 3. 22). The task of those who lead the Church is to testify to hope in difficult times. Jesus didn’t come to bring hope to a world where things were going well, but to a fragile and broken world – one full of fragile, damaged and sinful people. And what Jesus says to us is ‘do not fear’. He is our hope.

Christians are called to be people of hope demonstrated in how they live together as communities. The message of hope in Christ looks beyond the here and now to that which is to come – to eternity and the promise of eternal life. Human life is fragile, and widespread sickness and death brings this home to us in a stark and tragic way. But eternal life is just that, eternal. God calls us also to make life on earth reflect better the life of heaven for the one leads into the other. In following the example of Jesus and his teaching to love our neighbour we can help to do this. If we live out our faith in Christ and put the vulnerable, the poor and the marginalised at the centre then we are living out the message of hope.

Q: During this time of pandemic, Pope Francis’ last Encyclical, “Fratelli tutti”, was published. What impressed you about the message the Pope wishes to convey with this document whose focus is fraternity and social friendship?

‘Fratelli tutti’ is a deeply moving document and offers a systematic, ambitious and brave vision for a better future world. It is grounded throughout in Christology – with Christ at the centre. It is also a letter which takes seriously the breadth and complexity of humanity. The Pope’s references to his meetings with such figures as the Ecumenical Patriarch and the Grand Imam, the inspiration he draws from Mahatma Gandhi and his references to Dr Martin Luther King Jr and Archbishop Desmond Tutu emphasize that his vision is not a vision only for the Catholic Church but for the whole of humanity – this is one of the reasons why his vision is both ambitious and compelling.

The Holy Father takes very seriously all aspects of human life from the individual to the multi-national, from the family to the world of commerce and industry or the world of politics. He sets out the twin dangers of communitarianism and individualism, the Scylla and Charybdis of politics and philosophy. Both lead to tyranny and anarchy.

In his contacts with those such as the Grand Imam, whom I also know, he demonstrates that there is no inevitability in inter-religious or cultural conflict. The clash of civilizations is a notion that ignores the cosmos transforming reality of the birth, life, death, resurrection and ascension of Christ: a transformation which enables the creative work of the Father through the Son to be continued in the power of the Spirit making God’s Kingdom visible.

Q: “Fratelli tutti” concludes with an ecumenical prayer. What contribution can the ecumenical movement give to build a better future in a fragmented world, shaken by wars and acts of terrorism such as those we have witnessed recently in Europe?

One of the problems that many Christians suffer from is the notion that their Church is the only Christian body out there or, if they do acknowledge the presence of other Christians, they consider that they are generally wrong. This is true, from time to time, of Anglicans as well as others. When we look out at

brother and sister Christians from whom we are separated by historical accident or doctrinal questions, we see true people of Christ, fellow pilgrims on the way and people, loved by God and served by God, from whom we can learn. An English hymn says this:

*In Christ there is no east or west,
in him no south or north,
but one great fellowship of love
throughout the whole wide earth.*

*In him shall true hearts everywhere
their high communion find;
his service is the golden cord
close-binding humankind.*

*Join hands, then, children of the faith,
whate'er your race may be;
who serves my Father as his child
is surely kin to me.*

(Hymn by John Oxenham, 1908)

Human beings have a tendency to build barriers and demarcate territory. This happens in the church and it happens in the political realm. Frontiers imply, or sometimes falsely impose, difference. What the ecumenical movement has done and continues to do is to chip away slowly at those frontiers.

Occasionally there is a major step forward as we found with the Catholic – Lutheran 'Joint Declaration on the Doctrine of Justification' to which Anglicans, Methodists and the Reformed have now signed up. From time to time the frontier is opened up and the border becomes permeable.

One of the real and tangible benefits of the ecumenical movement is that, at an individual level, relationships of trust and friendship have been built up across denominational divides – barriers have been broken down by friendship (or 'fraternity'). I live day to day in an ecumenical community as, from early on in my time at Lambeth Palace we have had a resident group from the Chemin Neuf Community living with us. There have been Catholics, Anglicans and Lutherans among them over the years. I have a Catholic spiritual director, with whom I recently collaborated on a preface for a French publication of 'Fratelli tutti'. In all these relationships, the other is not a stranger, but a fellow pilgrim; a friend; a sister or brother.

Q: You wrote in a recent letter to the British nation that there are three answers to the questions that the pandemic has posed to all of us: let's be calm, let's be courageous, let's be compassionate. Why did you emphasize these three aspects?

There is something about an unseen enemy that inspires fear. But fear is not defeated by panic, rather it is amplified by it. Calm, however, gives us the space to take stock and to act deliberately. It links to the Hebrew term 'shalom' and calls to mind the 'great calm' after Jesus has calmed the storm in Matthew 8. 26. The absence of calm in their hearts leads to his rebuke. But we do need to be courageous. There were many headlines during the periods of lockdown that said that the Churches were closed. The buildings may have been, and the sacramental life of the church was disrupted, but the Church itself was open. Christians of all denominations were seeking out and helping others – their neighbours and others in need. It is clear that, in the face of a coronavirus pandemic we are all in it together.

Q: Pope Francis has said many times this year that we will emerge from this crisis only if we take care of the other and acknowledge that we are all in the same boat. Yet in Europe, and not only in Europe, we see populism and nationalism gaining ground. What is the Christian response to this selfishness fueled by the fear we are experiencing?

I, too, have said that we are in the same boat (or, even if we are in different boats, we are on the same sea and facing the same storm) and that we should seek to look after ourselves and our communities,

drawing strength and courage from one another and walking together. Fear causes us to put up the barriers that I was talking about earlier. The more people are gripped by fear, and the more those fears are played on and manipulated by political leaders, the more the Church is called to demonstrate something else: hospitality, service and love.

Throughout 'Fratelli tutti' Pope Francis weaves together the individual and the social, rejecting the extremes of both and stressing their interdependence. The seventeenth-century Anglican priest and poet John Donne famously wrote that 'No man is an island, entire of itself.' Each person is connected to others and when one suffers so others suffer with them. The Holy Father shows throughout the encyclical that this is just as true now as it was four hundred years ago, and throughout human history.

In the encyclical, there is a very moving section looking at the parable of the Good Samaritan. The Good Samaritan overrode nationalism and prejudice with unconditional love. In that relationship of love and care there was no Jew or Samaritan but two human beings – one in need and one providing for that need. The Christian response to selfishness is love – a message that weaves through His Holiness's letter.

Q: You said in an interview that you pray every day for the British Prime Minister Boris Johnson. During a Mass in Santa Marta, Pope Francis asked for prayers for political leaders who have to make difficult decisions during this period. In your opinion, what place does prayer have today, or a relationship with God, for that matter, in an increasingly secularized world?

I do pray daily for the Prime Minister and for everyone else who has to make almost impossible political decisions every day. Some social media headlines in the aftermath of that interview said that I 'admitted' that I prayed for the Prime Minister. I don't admit it as if it is a guilty secret, it is my duty and something that I readily and happily do for him and for others.

Prayer is the lifeblood of our relationship with God. Prayer is beautiful, intimate and always surprising. Prayer is participation in creation and recreation: in prayer we are changed and the world is changed. But if we want to see things change, we start with prayer – not sending a list of requests to the sky, but allowing God to change us – to make us more like Christ.

Q: Peace, ecology and social justice are among the points to which you and Pope Francis are most committed. What is your hope for the future of your relationship with the Pope whom you have met many times, and with whom you share the desire to travel together to South Sudan expressed after the meeting with the South Sudanese leaders in Santa Marta in April 2019?

I value very deeply my friendship with Pope Francis. We came into office at almost the same time and we share many of the same concerns. For both of us peace and reconciliation are central. The retreat in which the Holy Father and I took part with the various political leaders of South Sudan was one of the most profoundly moving experiences of my life to date. It remains a real hope that we will be able to travel together to South Sudan. This has not been possible so far, but the churches, Catholic, Anglican and Presbyterian in South Sudan and internationally have continued to work for peace and a lasting and just future for that country. My hope is that, once travel is possible again, there will have been such progress in the South Sudan peace process that we will be able to visit to celebrate this and to encourage a deepening of peace and growth in society there.

At the end of one of my meetings with the Pope he told me to remember the 'three p's: prayer, peace and poverty'. I hope that as our friendship continues so these three p's can continue to bind us together – mutual prayer for each other and for the world, and a commitment both to peace and reconciliation and to striving to improve the lives of the poor.

ANNOUNCEMENTS

On December 1, 2020 at the 8:00am Mass at St. Joseph Church will be dedicated to the deceased members of Tau Fraternity. The Mass will be livestreamed.

For St. Joseph COVID 19 guidelines, see <https://sicherndon.org/documents/2020/7/updated-2020-0728-reintegration%20for%20SJC-4.pdf>

PROFESSION OF BEENA JOB, OFS



On October 31, 2020, at the 9:00am Mass at St. Joseph Church, Herndon, VA, the Tau Fraternity held a Rite of Profession. Beena Job made a solemn profession to the Gospel Life in the Secular Franciscan Order. Congratulations, Beena!!

You can watch Beena's profession at:

<https://www.facebook.com/watch/?v=1250652628629959>

GREETINGS FROM CLARI CLAUS, OFS

Dear Sisters and Brothers of the Tau Fraternity,

Thank you so very much for your Spiritual Bouquet of prayers that you recently sent to me in honor of Veteran's Day. I am touched by this kind gesture. You have no idea how much that means to me. Please know that I keep all of you in my prayers as well.

I hope all of you are keeping well and staying safe.

With fondest regards.

Pace, Clari

COMING UP IN DECEMBER

December is the Month of the Incarnation *

Dec 1 – Richard Clarke's Profession

Dec 3 – Feast of St. Thomas the Apostle

Feast of St. Francis Xavier

Dec 5 – Bill Bouffard's, Jim Haynes', & Liz Welborn's Profession

Dec 6 – St. Nicholas
 Second Sunday of Advent
 Tau Fraternity Gathering

Dec 8 – Solemnity of The Immaculate Conception – Holy Day of Obligation
 Frank Bowen's Profession

Dec 12 – Discovery of the tomb of St. Francis,
 Feast of Our Lady of Guadeloupe
 Missionaries of Charity Hospice Apostolate Food Drop Off

Dec 13 – Memorial of St. Lucy
 Third Sunday of Advent

Dec 15 – Mary Queen of the Seraphic Order

Dec 20 - Fourth Sunday of Advent

Dec 25 – Nativity of Our Lord Jesus Christ – Holy Day of Obligation

Dec 26 – Feast of St. Stephen

Dec 27 – Feast of St. John the Apostle

Dec 28 – Feast of the Holy Innocents

Dec 30 – Denis Dunn's Birthday

Dec 31 – The Holy Family of Jesus, Mary, and Joseph



* See the Franciscan Calendar for more dates: <http://www.roman-catholic-saints.com/traditional-franciscan-calendar.html>

POETIC REFLECTION

Submitted by Helen Broxmeyer, OFS

Exodus (1960 – 2020)

Having exited pre-1960's America,
 We've wandered in the confusion of our own ideas – rootless,
 And headed for a Promised Land not yet conceived.

Choosing a leader every four years,
 We dance in ecstasy around our Golden Calves,
 Choosing the one that pleases us the most.

Perhaps this god will tell us where to go
 To reach perfection of life on this Earth :
 An end to suffering, clarity of vision, and peace.

But a trackless wilderness opens out before us,
 And our Golden Calf transforms itself, as we watch,
 Into the merely human. So we are left

With the daily work of making ourselves into people.
 Worthy of entering that distant Promised Land.

Note: Helen did not know the outcome of the election until after the first draft was complete.

Helen Broxmeyer
 November 8, 2020

NEXT TAU FRATERNITY GATHERING

Date: Sunday, **December 6, 2020**
Location: TELECONFERENCE VIA MICROSOFT TEAMS– Call-in information will be sent via email.
Schedule: 1:30 pm – 3:30 pm

- Opening Prayer & Member Prayer Offering: **TBD**
- Short Presentation, “A Franciscan Christmas”
- Christmas Party
- Angelus & Liturgy of the Hours
- Business Meeting
- Closing Prayer



INITIAL FORMATION:

Senior Candidates: Chapter 24 in *The Franciscan Journey*
Candidates: Chapter 12 in *The Franciscan Journey*

ON-GOING FORMATION:

We will forego formal On-Going Formation This month in favor of expanded time for our Christmas party. There will be a brief discussion of tentative formation plans for 2021 and your thoughts. In addition, I will send you some reflections for individual consideration through a separate email message in mid-November

THE ANGELUS

During Advent, we will precede the Liturgy of the Hours with the Angelus.

V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit.
Hail Mary, full of grace,
The Lord is with Thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
Pray for us sinne
Now and at the hour of our death. Amen
V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.
Hail Mary, etc.
V. And the Word was made Flesh.
R. And dwelt among us.
Hail Mary, etc.
V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.
LET US PRAY

LITURGY OF THE HOURS:

Evening Prayer for the Second Sunday of Advent
Hymn: 4 (“Morning Has Broken”) or 32 (“Now Thank We All Our God”)
p. 786 - Psalms & Antiphons
p. 68 - Reading; Responsory; Canticle of Mary Antiphons; Intercessions; Prayer

Readers: **TBD****



****Please contact Kimberley Heatherington, OFS if you would like to volunteer to do the following:**

- **Opening Prayer**
- **Liturgy of the Hours Psalm 1**
- **Liturgy of the Hours Psalm 2**
- **Liturgy of the Hours Psalm 3**
- **Liturgy of the Hours Scripture Reading and Responsory.**

For the next newsletter, please send your prayer requests and submissions to Vera Stewart at thevastewarts@gmail.com or call or text (703) 459-6958. If you call and do not get an answer, please leave a voicemail message.