



PACE E BENE

TAU FRATERNITY

**Tau Fraternity of the Secular Franciscan Order – Herndon, Virginia
St. Margaret of Cortona Region**

<https://tauofs.org/>

November 2020

MINISTER'S MESSAGE

Peace and all good!

“But he wanted to justify himself, so he asked Jesus, “And who is my neighbor?” (Luke 10:29)

In his most recent encyclical, “Fratelli tutti” (“Brothers all”), Pope Francis has for us a very explicit message that directly relates to this Gospel passage: “We need to develop the awareness that nowadays we are either all saved together or no one is saved. Poverty, decadence and suffering in one part of the earth are a silent breeding ground for problems that will end up affecting the entire planet.” (No. 137)

Who is my neighbor? Pope Francis’ answer is: The world.

Is that thought overwhelming? Do the issues he cites appear too complex; their scale too insurmountable? Failed states; corrupt and ineffectual politicians; seemingly endless conflict and despair. What can I do, as just one person?

These are natural reactions. But the reality is, we are all connected. What happens to one, happens to all. That may seem implausible — the drowned migrant; the starving refugee in a war zone; the child dying from a preventable disease... they are probably most familiar to us as distant and pitiful images on a glowing screen. Does their plight really impact us, from all the way on the other side of the world, or a wall?

Pope Francis says it should, and it can. Like a shockwave, human suffering can spread. We already see its careful containment slipping; no longer are the dispossessed as geographically isolated as they once were. They appear in ever-growing waves at national borders, begging for help.

The “silent breeding ground” Pope Francis speaks of is the terrain of studied indifference — the lack of political and social willpower to comprehensively address the conditions of human despair; insulated by the numbing conviction that, well, nothing will ever really change, anyway.

But change it must, says Pope Francis — or eventually, we will no longer have the luxury of detachment. He is fully aware that such a proposition may seem audacious, even absurd. But that, Pope Francis suggests, is because we are not collectively viewing it through the right lenses:

“Certainly, all this calls for an alternative way of thinking. Without an attempt to enter into that way of thinking, what I am saying here will sound wildly unrealistic. On the other hand, if we accept the great principle that there are rights born of our inalienable human dignity, we can rise to the challenge of envisaging a new humanity. We can aspire to a world that provides land, housing, and work for all. This is the path of true peace...” (No. 127)

But wait! Does everyone “deserve” access to land, housing, and work? Don’t those things need to be “earned”? If they are perceived as universal opportunities that ensure the common good — opportunities intrinsically related to basic human dignity — then the answer is no. It’s a matter of priorities.

Do I “deserve” to wake up with a roof over my head? To flip the light switch on the wall, and have electricity? To have clean water come out of my tap without having to walk miles for it? To have food in my refrigerator? I work hard; so I’m entitled to all this, aren’t I? But what if my abundance — and my access to it, whatever my abilities and work ethic — is a fortunate accident of my birth? An unmerited grace and blessing? Unmerited, because those who lack these things have exactly, precisely, the same human dignity and value as me?

Pope Francis asks us to reflect on such hard and possibly uncomfortable truths. And while the task of comprehensively addressing globally inequities is daunting, even awareness is a start. We can raise our awareness by prayerfully studying “Fratelli tutti”; by discussing it; by sharing what we learn in it with others. It’s a small step — but it’s a step, nonetheless.

You can read some of the most memorable excerpts from “Fratelli tutti” here:

<https://www.osvnews.com/2020/10/05/25-memorable-quotes-from-fratelli-tutti/>

At our November meeting, we will have a special ceremony to remember our departed Tau brothers and sisters. Their names are also included in the Tau Necrology in this newsletter, so you can pray for them on All Souls Day, November 2.

Holding you all in prayer,

Kimberley

RECAP OF LAST GATHERING

OPENING PRAYER

Offered by Pat B., OFS:

Two years before the death of our Seraphic Father. . . Francis and Brother Leo traveled together to Mount La Verna. Knowing that he would be separated from Francis who wanted to retreat to pray alone, Leo sought his guidance on how and what to pray. It was these words that were given to Leo, Francis’s “praises of God” written on one side of the paper, and “the blessing of Brother Leo” on the other side. The original document remains in the archives in Assisi.

While there are modernized translations, the following prayer is considered to be the closest to the original words:

PRAISES OF GOD

Thou art holy, Lord God, who alone workest wonders. Thou art strong. Thou art great. Thou art most high. Thou art the Almighty King, Thou, holy Father, King of heaven and earth. Thou art the Lord God Triune and One; all good. Thou art good, all good, highest good, Lord God living and true. Thou art charity, love. Thou art wisdom. Thou art humility. Thou art patience. Thou art security. Thou art quietude. Thou art joy and gladness. Thou art justice and temperance. Thou art all riches to sufficiency. Thou art beauty. Thou art meekness. Thou art protector. Thou art guardian and defender. Thou art strength. Thou art refreshment. Thou art our hope. Thou art our faith. Thou art our great sweetness. Thou art our eternal life, great and admirable Lord, God Almighty, merciful Saviour.

And on the other side of the document is:

THE BLESSING OF BROTHER LEO

May the Lord bless thee and keep thee. May He show His face to thee and have mercy on thee. May He turn His countenance to thee and give thee peace. Brother Leo may the Lord bless thee.

Amen. Alleluia.

OPEN HOUSE

Kimberley Heatherington, OFS announced that Brother Joseph Marie Krilich, TOR is officially our spiritual advisor. He is traveling and had hoped to join the gathering upon his return. Kimberley said that two interested persons contacted her but were unable to attend the gathering. Additionally, Kelly Passero and Joel Gonzalez Esteves, who have been joining our gatherings are interested. We may have four people begin initial formation in January.

The Tau Fraternity Open House falls on the Feast Day of St. Francis of Assisi this year. We commemorated the day by viewing the video “Sign of Contradiction – The Story of St. Francis of Assisi”.

PRESENTATION

Following the Open House, Kimberley Heatherington gave a summary of the new encyclical presented by Pope Francis and signed in Assisi, “Fratelli Tutti”. The encyclical specifically talks about St. Francis. It comprises eight chapters with the themes of global problems and building bridges. It is counter-cultural because rather than focusing on self, it refers to “us” and “we”; we are in this together, in our common home. The most important message is that everything starts with love. See an article from the Friars of the Atonement about the new release: https://www.atonementfriars.org/franciscan-friars-of-the-atonement-welcome-pope-franciss-new-encyclical-fratelli-tutti/?fbclid=IwAR35xIsj2cBk8SquNxof6Tr5w9oNNj31Fx6KWuhbWHexqX2d6JhqF_7Q2m0

FORMATION

Walter Gawlak, OFS led a discussion of Chapters 15 and 16 of *St. Francis and Clare: A True Story* by Jon Sweeney. He asked the following questions:

Chapter 15, “After Clare’s Death” – On page 175 it states, “And now, there lay Clare. Together with a handful of others, she represented another ending of an era of faithfulness to the original ideals.” Were you surprised by the dour ending to this chapter and the ideals of Francis and Clare”? After Clare’s death we saw flagellation, barriers to admission to the Order, the Inquisition. Why didn’t the Rule keep the Order on the right path?

Chapter 16, “Light in the Dark Ages” – On page 177, it states “. . . to be a Franciscan was a decision made each day, voluntarily, for Christ. The spiritual life is not a path of renunciation.” Can we model our lives after Francis and Clare or is their time and place too foreign, too different?

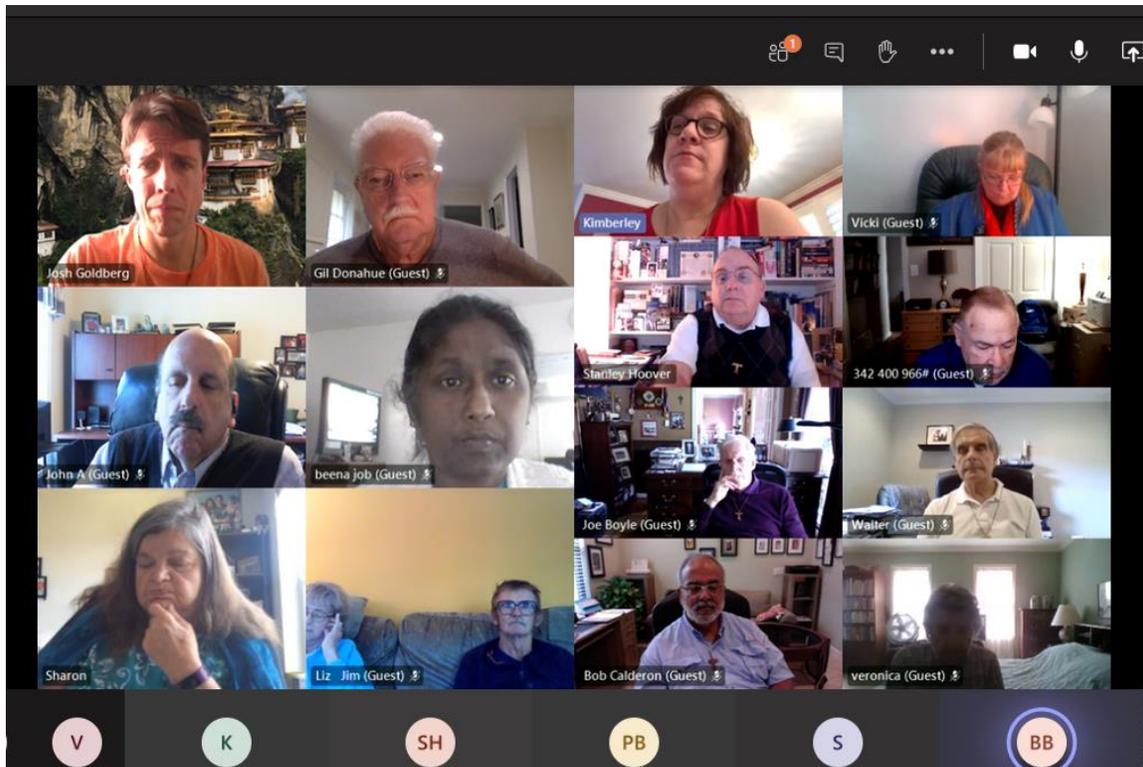
Test yourself:

If it were illegal to be a Christian and the prosecutor used this passage as the basis for charging you, would there be enough evidence to convict you? *Give to the poor; preach good news in your life and with words; worry little about tomorrow; care for creation and its creatures; always show humility; and love your neighbor to the point of sacrificing your life for him.*

Next month, Walter will present a program on suffering. We will discuss our experience with suffering, especially during the pandemic. We will also share methods for seeking solace. Some resources:

- Matthew 25 Mandate
- The Gospels
- The Psalms
- Salvifici Doloris
- Richard Rohr’s September 20th week of reflections on suffering

- Bishop Barron's commentary on YouTube



PRAYER SUBMISSIONS

Please keep the following members, relatives, and friends in your prayers:

For physical and spiritual healing of Cynthia Filan-Kim's sister; Sally White; Richard & Carole Clarke and their grandsons Liam and Rory; Helen Broxmeyer and her daughter Susan; William Brewster; Irene Naveau; and Kay Flynn. For the patients and Sisters at the Missionaries of Charity Gift of Peace House. For the people affected by Coronavirus and their caregivers. For the Mother of Mercy Free Medical Clinic and its patients. For all peoples who suffer persecution. For the victims of natural disasters. For all those who are in need of our prayers who have been inadvertently omitted from this list.

Please forward prayer requests to Vera Stewart, OFS by the 14th of the month, so that they may be included in the newsletter.

TAU FRATERNITY NECROLOGY

Please take a moment to pray for our dear departed Tau Family Members. Remember the following who have embraced Sister Death:

12/07/97	James Sheehan
06/10/98	Anna Seymore
10/15/98	Bill Obernauer
12/24/98	Karen Sawtell
03/16/05	Margorie O'Connor
05/02/05	Tony Del Popolo
11/28/06	Marie Fitzgerald
06/14/08	Isabel Bartlett
01/2010	Diana Caputo
08/16/10	Martha Ureke
03/03/12	Edna Henke
05/12/16	Mary McCarthy

In your hands, O Lord,
we humbly entrust our brothers and sisters.
In this life you embraced them with your tender
love; deliver them now from every evil
and bid them eternal rest.

The old order has passed away:
welcome them into paradise,
where there will be no sorrow, no weeping or
pain, but fullness of peace and joy
with your Son and the Holy Spirit
forever and ever.
Amen.

<http://www.usccb.org/prayer-and-worship/bereavement-and-funerals/prayers-for-death-and-dying.cfm>

07/03/18 Frank Mullin
10/17/19 Ed Geiger
08/21/20 Catherine Williams

Edith Thomasoni

Also, please pray for our departed members who have been inadvertently omitted from this list.

APOSTOLATES

ST. VINCENT DE PAUL

Help to feed the hungry. Cyndy Filan-Kim, OFS volunteered to shop and deliver food to the St. Vincent de Paul Society chapter at her parish. Money from the Tau General Fund will be used to purchase needed food items. If you wish to contribute, please send a check to Cyndy.

Thank you!

MISSIONARIES OF CHARITY HOSPICE APOSTOLATE

Thanks to the volunteers who made possible the October meal drop off to the hospice patients at the Missionaries of Charity Gift of Peace House in Washington, DC. Please mark your calendars for our next visit on Saturday, December 12.

The Sisters appreciate our efforts, including the prayers of those unable to make a dish. Perhaps, consider remembering the hospice patients and Sisters when you pray the Liturgy of the Hours.

Please contact Pat B., OFS or Joe M., OFS if you are interested in preparing a dish or supporting the Sisters' work in any other way.

Alleluia! Alleluia! Alleluia!

INDIVIDUAL APOSTOLATES



In November, Vera Stewart, OFS will be offering prayers of thanksgiving for all Tau Veterans. Thank you to all Tau members who are Veterans! Current and former Tau members who served our military are:

- **Bill Bouffard, OFS:** US Air Force
- **Frank Bowen, OFS:** US Army Airborne – Served in the Viet Nam era, 1965 - 1966
- **LtCol Joseph Boyle, USMC, Ret:** Served in the Marine Corps for 21 years, retired 1989
- **Bill Brewster, OFS:** US Army Infantry – Served in the Viet Nam era, 1966 – 1969
- **Richard Clarke, OFS:** US Air Force – Served as a Missile Officer for 4 years.
- **Clari Claus, OFS:** US Air Force
- **Denis Dunn:** US Marine Corps and Ohio Army National Guard

The prayer list also includes family members who are veterans. If you would like the full list so that you may join in prayer, please contact Vera at thevastewarts@gmail.com.

Tau Christmas Card Apostolate: Giving hope to wounded veterans and to our deployed military.

The Tau fraternity has for the last several years been active in giving hope to deployed troops at Christmas when many young men and women are away from home in dangerous environments. Since many of these young troops do not receive mail or support from family or friends a card means a lot. Many wounded veterans are in hospitals and care centers without family support.

The Christmas card project is a simple but kind way to foster hope to both deployed troops and to wounded veterans in hospitals and care centers throughout the US. Over the last three years Tau fraternity has sent over **3000 Christmas cards**, many of which were donated by the brothers and sisters of Tau. In addition, one of our brothers has helped with text for cards that needed greetings. One of our sisters is a member of the Military Mamas Network that provides the addresses to send the boxes to active duty troops.

At the last meeting we had a program on the Pope's latest Encyclical Letter, Fratelli Tutti. During the discussions brothers and sisters commented on war and the devastating effects on our military and their families. Please continue to save Christmas cards you receive in the mail from organizations requesting donations and any other Christmas cards you can purchase and donate. Twenty-two military members either veterans or active duty troops commit suicide EVERY DAY. Please remember them in your prayers.

Please save your cards until we our regular monthly gathering is in person or drop off your cards on Sally White's porch in Herndon, VA. Sally signs the cards all year round and boxes and sends the cards in November.

Helping the Poor in Northern Virginia: Mother of Mercy Free Clinic News

You are aware of the Tau Fraternity apostolate work at the Missionaries of Charity, Gift of Peace House in DC, but you may not be aware of the Tau apostolates to help the poor in our area, Northern Virginia. One ongoing apostolate that our fraternity has been supporting is the Mother of Mercy Free Clinic in Manassas, Virginia.

The clinic's mission is: **"In accordance with the official teachings of the Catholic Church, our mission is to engage the community to provide free, quality healthcare to low income individuals who are uninsured or underinsured with emphasis on transformative care for the whole person, which includes providing wrap around services and referrals for material, spiritual and emotional needs."**

The Mother of Mercy Free Clinic in Manassas helps the very poor in that area. In addition to helping expectant mothers, the clinic provides medical services for adults and children. The clinic was once the site of an abortion clinic.

Now in addition to medical examination rooms, a small chapel is part of the clinic where rosaries and religious metals are available for the patients and their family. Bishop Burbidge blessed the chapel on June 9, 2020 and the donated ultrasound equipment.

Brothers and sisters of Tau Fraternity have donated hundreds of rosaries, prayer cards, medals, and other religious items for the patients. One Tau brother made rosaries by hand for this apostolate. Many of these donations came in the mail with requests for donations. Those religious items you receive in the mail when organizations are requesting your donations may not be of use to you, but since the poor do not receive requests for donations, those rosaries, prayer cards, and metals mean a lot to them. In addition, the fraternity has provided Spanish Christmas cards for the patients.

In the past we collected these items at the regular monthly gathering of the fraternity. Since we are not meeting in person, please save them for the clinic until we do. Or you can drop off the items on Sally White's porch in Herndon, VA.

Besides the donations, the clinic director is asking for prayers. Recently the clinic has been expanded to a second clinic in Woodbridge and prayers are needed to find a nurse and a medical assistant.

The professed excused Tau brothers and sisters are all Prayer Warriors for the clinic. The clinic director sends prayer requests as needed, most are for pregnant women with serious health issues, but often the requests include patients with other serious diseases.

If you want to help, please call Sally White OFS. If you are interested in reading more about the clinic the website is <https://www.cdda.net/need-help/medical-and-counseling/free-medical-clinic/>

OUR NEW CANDIDATES!

Congratulations to Sharon Goldberg, Stanley Hoover, and Barbara Slivers! On October 3, 2020, Tau Fraternity held the Rite of Admission, welcoming these three as new candidates.

Pictured: Barbara Slivers; Walter Gawlak, OFS - Formation Director; Sharon Goldberg; and Stanley Hoover.



TAU COMMITTEES

If you are interested in participating actively in one of our Committees, take a moment to chat with the chair:

Hospitality Committee – Veronica O'Donnell, OFS
Interfaith/Ecumenical Committee – Kimberley Heatherington, OFS
Infirmarian Committee – Sally White, OFS
Recruitment Committee – Vacant
Technology Committee – John Ata, OFS

INTERFAITH/ECUMENICAL COMMITTEE



41st Annual (Virtual) Interfaith Concert

Don't miss the 41st Annual (Virtual) Interfaith Concert — Thursday, November 19 at 7:30 PM — presented by the Interfaith Council of Metropolitan Washington!

There will be performances from the ecumenical choir Mosaic Harmony; the Cambodian Buddhist Dancers; the Baha'i Chorale; an ensemble from the ADAMS Center; an Interfaith Duet; and a Combined Interfaith Choir.

Learn more here: <https://ifcmw.org/event/41st-annual-virtual-interfaith-concert/>

Pope Francis: 'No one is saved alone'

Pope Francis is inviting leaders of other faiths to work together “with the gentle strength of faith to end all conflicts.” His appeal comes as part of his discourse at an International Meeting for Peace, held in Rome and organized by the Community of Saint Egidio, entitled “No one is saved alone. Peace and Fraternity.”

By Vatican News Staff



Pope Francis at the International Meeting of Prayer for Peace at Rome's Capitoline Hill Square on October 20, 2020. (Vatican Media)

Pope Francis set the tone of his speech on Tuesday by recalling the historic Assisi Meeting desired by Saint Pope John Paul II on 27 October 1986, in which for the first time in Church history the Pope invited leaders of other religions to join him in prayer for peace for the human family.

That meeting, he said, contained a prophetic seed “that by God’s grace has gradually matured through unprecedented encounters, acts of peacemaking and fresh initiatives of fraternity.”

He noted that since that Meeting many painful events have taken place, at times in the name of religion, but that we also acknowledge the fruitful steps undertaken since then in interreligious dialogue.

“This is a sign of hope that encourages us to continue cooperating as brothers and sisters,” he said, recalling the *Document on Human Fraternity for World Peace and Living Together*, which he signed with the Grand Imam of Al-Azhar, Ahmad Al-Tayyeb, in 2019.

Pope Francis also referred to his just-released encyclical, *Fratelli tutti*, in which he reiterates that “the commandment of peace is inscribed in the depths of the religious traditions.”

Religions at the service of peace and fraternity

“Believers have understood that religious differences do not justify indifference or enmity. Rather, on the basis of our religious faith we are enabled to become peacemakers, rather than standing passively before the evil of war and hatred,” he said.

For this reason, he continued, this gathering is an encouragement “to religious leaders and to all believers to pray fervently for peace, never resigned to war, but working with the gentle strength of faith to end conflicts.”

“We need peace! More peace! We cannot remain indifferent,” the Pope appealed, noting that the world has a profound thirst for peace.

Indifference and the pandemic aggravating the evil of war

In many countries, people are suffering due to wars, he said, and there is the risk that in political life and public opinion we grow inured to the evil of war as if it were simply a part of human history.

Quoting again from *Fratelli tutti*, the Pope said “Let us not remain mired in theoretical discussions, but touch the wounded flesh of the victims... Let us think of the refugees and displaced, those who suffered the effects of atomic radiation or chemical attacks, the mothers who lost their children, and the boys and girls maimed or deprived of their childhood”.

All this pain, he continued, is aggravated by the suffering caused by the coronavirus and the impossibility, in many countries, of access to necessary care.

Peace is the priority of all politics

The Pope said those who hold political responsibilities have the solemn duty, before God, to put an end to war: “Peace is the priority of all politics.”

He recalled the words Jesus spoke to Peter: “Put your sword back into its place; for all who take the sword will perish by the sword.” He added that those who perpetrate violence possibly, but erroneously, believe that it will resolve difficult situations quickly.

“Enough!” was Jesus’ unambiguous response to any form of violence, the Pope said, highlighting how “That single word of Jesus echoes through the centuries and reaches us forcefully in our own time: enough of swords, weapons, violence and war!”

We can only be saved together

Pope Francis said the dream of all men and women of goodwill is for a world rid of every war. But how do we go about, he asked, achieving this dream?

“No people, no social group, can *single-handedly* achieve peace, prosperity, security and happiness,” he said, noting that the lesson learned from the coronavirus pandemic is “the awareness that we are a global community, all in the same boat, where one person’s problems are the problems of all.”

“Once more we realized that no one is saved alone; we can only be saved together.” (cf. *Fratelli tutti*, 32).

All of us, the Pope said, peoples, communities, government leaders and international organizations must realize that we are a single human family and that “we can only be saved together through encounter and negotiation, setting aside our conflicts and pursuing reconciliation, moderating the language of politics and propaganda, and developing true paths of peace (cf. *Fratelli tutti*, 231).

Pope Francis concluded his speech noting that all the persons of different religious traditions, gathered together at the Capitoline Hill, are sending a message of peace: “To show clearly that the religions do not want war and, indeed, disown those who would enshrine violence.”

And asking everyone to pray for reconciliation and to strive to enable fraternity to pave new paths of hope, he expressed his firm belief that “With God’s help, it will be possible to build a world of peace, and thus to be saved together.”

ANNOUNCEMENTS

PROFESSION

Tau Fraternity will hold a Profession for Beena Job!

When: October 31, 2020, 9am

Where: St. Joseph Church

For St. Joseph COVID 19 guidelines, see <https://sicherndon.org/documents/2020/7/updated-2020-0728-reintegration%20for%20SJC-4.pdf>

TRANSITUS OF ST. FRANCIS OF ASSISI



On October 3, 2020, we celebrated the Transitus of St. Francis at St. Joseph Catholic Church. Thank you to Joe Boyle; Brother Kolbe Spencer, TOR; Father Rufino Corona, TOR, and Jim Haynes, OFS for their participation in the program!

COMING UP IN NOVEMBER

November is the Month of the Holy Souls in Purgatory *

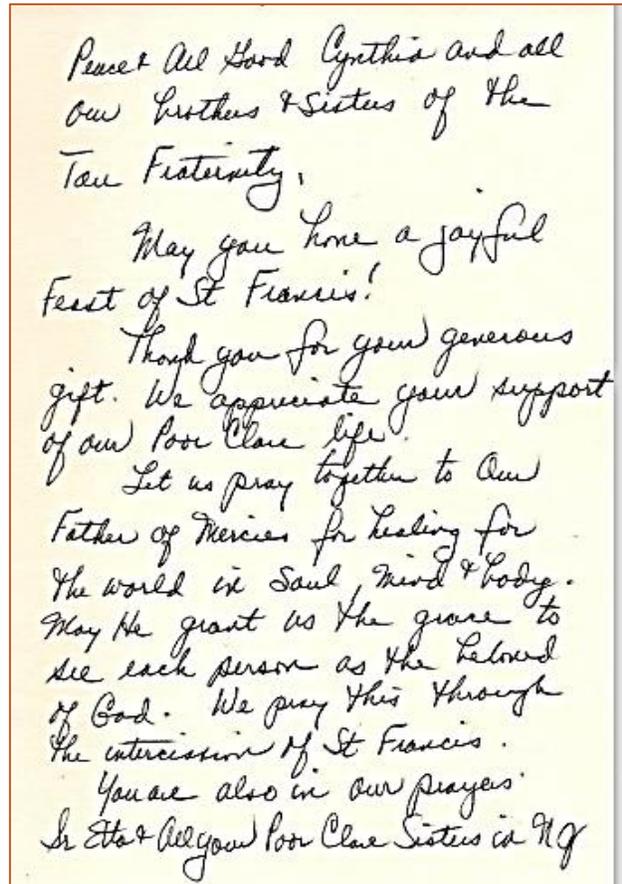
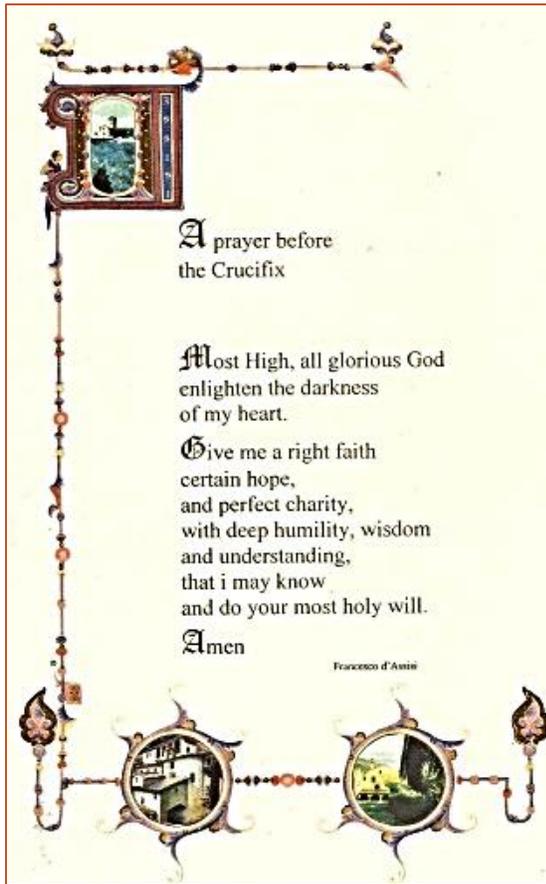
- Nov 1 – Feast of All Saints – Holy Day of Obligation
Tau Fraternity Meeting
- Nov 2 – All Souls Day
- Nov 4 – Memorial of St. Charles Borromeo, Bishop & Secular Franciscan
- Nov 6 – Valerye Milleson's birthday
- Nov 8 – Feast of Blessed John Duns Scotus
- Nov 10 – Kay Flynn's birthday
- Nov 12 – Joe M's birthday
- Nov 19 – Feast of St. Elizabeth of Hungary
- Nov 21 – Feast of the Presentation of the Holy Virgin Mary
- Nov 22 – Memorial of St. Cecilia
- Nov 23 – Erik Larin's birthday
- Nov 26 – Sharon Goldberg's birthday
- Nov 29 – Feast of the Saints of the Seraphic Order
- Nov 30 – Feast of St. Andrew the Apostle



* See the Franciscan Calendar for more dates: <http://www.roman-catholic-saints.com/traditional-franciscan-calendar.html>

GREETINGS FROM THE MONASTERY OF ST. CLARE

Tau Fraternity received the following from the Sisters at the Monastery of St. Clare in NJ.



FRANCISCAN SAINT

Submitted by William Brewster, OFS

Saint Amato Ronconi
Layman († 1292)
Feast: May 8

Amato was born in 1226, the very year that Saint Francis of Assisi died. From a young age, his contact with Francis' followers imbued him with a spirit of poverty. He joined the Franciscan Third Order, and though he was born wealthy, he desired to offer everything he had to the less fortunate.

Having lost his parents in childhood, Amato was raised by his brother Girolamo. When Girolamo's wife arranged a marriage for him, he refused, left the family home, and began to build a hospice for pilgrims and the poor at Monte Orciale. He supported this work with the income that he received from his family properties, as well as the earnings from his job as a farmer's apprentice. He lived very austerely and maintained a sparse diet of beans.

Over his lifetime, Amato went on pilgrimage to Saint James' shrine at Compostela in Spain four times and once to Rome. Early in 1292, he decided to give his hospice and the lands attached to it to the monastery of Saint Benedict for the benefit of the poor it served. In May of that year he died and was buried in the hospice chapel. Today, the hospice he founded still operates as a home for the sick and the dying.

Merciful Father, through the intercession of Saint Amato Ronconi, keep me mindful of the true plight of the poor.



St. Amato Ronconi (1226 – 1292) Devoted to poor; lived from working in fields of others; ate only herbs and vegetables; practiced mortification; gave hospitality to pilgrims, built a hospice near his house.

<https://www.franciscanthirdorderpenitents.com/penitent-saints-who-lived->

NEXT TAU FRATERNITY GATHERING

Date: Sunday, **November 1, 2020**
Location: TELECONFERENCE VIA MICROSOFT TEAMS– Call-in information will be sent via email.
Schedule: 1:30 pm – 1:32 pm Opening Prayer & Member Prayer Offering: **TBD**
1:32 pm – 2:12 pm Presentation & Discussion: **Sally White, OFS**
2:12 pm – 2:22 pm Break
2:22 pm – 3:02 pm Ongoing Formation & Discussion
3:02 pm – 3:12 pm Break
3:12 pm – 3:22 pm Angelus & Liturgy of the Hours
3:22 pm – 3:32 pm Business Meeting
3:22 pm Closing Prayer

INITIAL FORMATION:

Senior Candidates: Chapter 23 in *The Franciscan Journey*

Candidates: Chapter 11 in *The Franciscan Journey*

ON-GOING FORMATION:

Suffering is inevitable. These last several months, however, has given us a group experience in pain, uncertainty, isolation and helplessness in the face of our own and other's suffering. We are fortunate to have each other and our Faith to parse through this experience. Let us take this session to express our feelings and reflections on suffering.

I encourage everyone to share methods of finding solace. The following are a few readily available sources that you might consider:

- Scripture (e.g., Psalms, Isaiah, Job, Paul's letters)
- *Salvifici Doloris* (On the Christian Meaning of Suffering) by St John Paul II
- Richard Rohr, Center for Action and Contemplation website for September 20, 2020 for reflections on suffering and overcoming
- Bishop Baron commentary on YouTube

I have heard from some of you about other resources that are not free online, but which we will discuss. Most of all, bring your voice.

THE ANGELUS

During Ordinary Time, we will precede the Liturgy of the Hours with the Angelus.

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail Mary, full of grace,

The Lord is with Thee.

Blessed art thou among women,

And blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

Pray for us sinners,

Now and at the hour of our death. Amen

V. Behold the handmaid of the Lord.

R. Be it done unto me according to thy word.

Hail Mary, etc.

V. And the Word was made Flesh.

R. And dwelt among us.

Hail Mary, etc.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

LET US PRAY

LITURGY OF THE HOURS:

Led by **John Ata, OFS**

All Saints (Solemnity):

Hymn: #172 – For All the Saints (verses 1 & 2)

Pg. 1306-1309 – Everything

Readers: **TBD****

****Please contact Kimberley Heatherington, OFS if you would like to volunteer to do the following:**

- **Opening Prayer**
- **Liturgy of the Hours Psalm 1**
- **Liturgy of the Hours Psalm 2**
- **Liturgy of the Hours Psalm 3**
- **Liturgy of the Hours Scripture Reading and Responsory.**

For the next newsletter, please send your prayer requests and submissions to Vera Stewart at thevastewarts@gmail.com or call or text (703) 459-6958. If you call and do not get an answer, please leave a voicemail message.