



# PACE E BENE

## TAU FRATERNITY

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**Tau Fraternity of the Secular Franciscan Order – Herndon, Virginia  
St. Margaret of Cortona Region**

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**October 2018**

### **MINISTER'S MESSAGE**

Dear Sisters and Brothers,

September has once again been a reminder of blessings. I really am grateful to have experienced God's hand at work in my family's lives, especially in light of the anger and hurt I have been feeling toward the Church. It was a firm reminder of who is in control - and that my family and I rest safely in God's hands. I took that reminder into my vacation. My husband and I sat on a mountain (literally) for a week and did as little as possible. No internet (except for our phones), conscious decisions to not watch the news (except to check in on the status of the hurricane), no rushing around doing tourist things - just a week of "being still." I have to say it was a wonderful vacation! The take away is that we all need to take time away from the stress and chaos in our lives. We don't necessarily have to go anywhere - it really is about attitude and what we allow into our world on a daily basis. For me, it was a reminder that I needed to empty some things out in order to make room for something else. God needs us to voluntarily give him our attention and to make space for Him. It is much easier to hear our Lord when we are quiet and listening!

As you all know, our Open House will occur during our October meeting. Please invite someone who may be called to our Franciscan way of life. Personal relationships and invitations are the most effective way for a lot of people to hear the call to their Franciscan vocation.

I want to end by congratulating our newly professed members (Pat, Joe, Cyndy and Josh)! A huge thank you to everyone on the past and present formation team who helped prepare our candidates for profession!

Peace and blessings, Pam

## RECAP OF LAST MEETING

### OPENING PRAYER

Read by Vicki Shanholtz, OFS

#### **Prayer for Priests**

O Jesus, I implore Your divine assistance for Your faithful and fervent priests; for Your unfaithful and tepid priests; and for Your priests laboring at home or abroad in distant mission fields; for Your lonely and desolate priests; for Your young priests; for Your dying priests; for the souls of Your priests in purgatory. But above all, I commend to You the priests dearest to me; the priest who baptized me; the priests who absolved me from my sins; the priests at whose Masses I assisted and who gave me your Body and Blood in Holy Communion; the priests who taught and instructed me; all the priests to whom I am indebted in any other way. O Jesus, keep them all close to Your Sacred Heart, and bless them abundantly in time and eternity. Amen.

### ONGOING FORMATION

Walter Gawlak, OFS began the discussion by asking the Fraternity what resonated with them from the book *Poverty & Joy, The Franciscan Tradition*, by William Short. Members shared their thoughts about various messages within the book that left impressions with them. Then Walter handed out a paper entitled "Tea for Your Franciscan Soul" that listed descriptive words and asked the group to pick one or two of the words that are attractive to them. He asked them to meditate on the following:

- How is this characteristic manifested in your life?
- What are the challenges to this "tea?"
- What areas of conversion might God be inviting you to with regard to this tea?

Walter ended the meditation by giving thanks to God for insight and giving appreciation for God's gifts. He charged the group to think about how to turn the concept into action as a group or individuals.

Walter then led a discussion about the current church scandal during which several members expressed their anger and hurt. It was suggested that we need to pray for the purity of our priests and religious, for the victims of abuse and for healing. The laity needs to be more involved but what that looks like is unclear.

Walter said in the next two months we will discuss Pope Francis' apostolic exhortation on the Call to Holiness "Gaudete et Exultate". The document can be found online. Rita said that it is also on the Regional website.

### PRESENTATION

Kimberley Heatherington, OFS gave a presentation on Father Augustus Tolton, Servant of God. Father Tolton was the first African American to be ordained to the priesthood. He was born to slave parents. After the family gained freedom, they settled in Quincy, Illinois. His father became a Union Soldier, and he died of dysentery during the war. Father Tolton and two of his three siblings worked as cigarmakers; child labor was not uncommon at that time. He was given the opportunity to attend a parochial school, and decided he wanted to become a priest. However, each American seminary to which he applied rejected him because of his race. He studied for the priesthood in Rome and was ordained in 1886 at the age of 31. Father Tolton celebrated his first public Mass at St. Boniface Catholic Church in Quincy, IL. In the US, the Catholic Church was racially segregated, so he was assigned to Chicago, where he led St. Monica Parish, an African-American Catholic parish. He was known for his eloquent sermons, his beautiful singing voice, and his talent for playing the accordion. In 1897, during a heatwave, he collapsed and died. His cause for sainthood has been approved, and investigation into his cause will begin in February 2019. Kimberley provided a handout about Father Tolton that also includes a list of materials for further reading and information about a play "Tolton: From Slave to Priest" that will be held in November at Bishop Ireton High School in Alexandria.

## PRAYER SUBMISSIONS

Please keep the following members, relatives, and friends in your prayers:

For physical and spiritual healing of Pam Brooks and her son; Sally White and her sister; Richard & Carole Clarke and their grandsons Liam and Rory; Helen Broxmeyer; William Brewster; Irene Naveau; Ron Kauffman; Kay Flynn; and Ed Geiger. For the safety of the citizens of Aleppo, Syria during the civil war. For all peoples who suffer persecution. For the victims of natural disasters. For the Mother of Mercy Free Medical Clinic and its patients. For all those who are in need of our prayers who have been inadvertently omitted from this list.

Please forward prayer requests to Vera Stewart by the 14th of the month, so that they may be included in the newsletter.

## APOSTOLATES

### ST. VINCENT DE PAUL

SVDP is hosted by St. Leo the Great in the City of Fairfax. Note that I attempt to load up my vehicle with your food donations before and after the opening prayer each month. I check during breaks and after the meetings for late arrivals. If you have something that you cannot bring in yourself, let me know and I will give you a hand. After the meetings, I take the food collections and drop them off at the church for transfer to the SVDP pantry. Whatever monetary donations I get, I deposit into the Tau bank account and write a check in the amount so that SVDP knows that the check is coming from Tau fraternity. Keep up the good work in SVDP donations – they are greatly appreciated. **All checks should be made out to "St. Leo SVDP."**

Thanks!!

Terry Rinker, OFS

### MISSIONARIES OF CHARITY COOKING HOSPICE

Our fraternity cooks for the Gift of Peace hospice on the second Saturday every other month. St. John Neumann Parish provides \$200 for us to buy groceries. Four or more of us meet at St. Joseph's parking lot at 7 a.m., drive to northeast D.C. and share our stories along the way. We cook for 60 people, including the other volunteers who work that day. Mother Teresa's nuns look in on us to make sure we know where kitchen wares can be found. They always express their gratitude to us with their great smiles. We're usually back at St. Joseph's parking lot by noon. Come and join us at least once. It's a heartwarming ministry.

The next Cooking Hospice Ministry trip will be on October 13<sup>th</sup>. We will meet at St. Joseph's school parking lot at 7am and will return by noon. All are welcome to lend a hand! If you would like to participate, please contact Veronica O'Donnell, OFS.

### INDIVIDUAL APOSTOLATES

One of Vera Stewart's apostolates supports several causes. She loom knits items and sells them at craft fairs and donates items to clothing drives and charities that accept hand made items. She is one of the vendors at the annual St. Joseph Craft Fair. The event is hosted by the St. Joseph Ladies' Society, and vendor fees support the local community. Additionally, Vera donates all money from her sales to local charities such as the Loudoun Abused Women's Shelter and the Good Shepherd Alliance. The St. Joseph Craft Fair is on October 27, 2018. Admission is free. So if you're available, please come and say hi to Vera! Details about the craft fair are at <http://sicraftfair.wixsite.com/craftfair>. If you want to know more about LAWS, see <http://www.lcsj.org/>. For information about the Good Shepherd Alliance, see <http://goodshepherdalliance.org/>.

Do you have a stash of prayer cards, key rings, medals, rosaries, etc. that are sent to you with requests for donations? Sally White, OFS is collecting these items to send to Mother of Mercy Free Medical Clinic for

patients. If you have some, please drop them in the mail slot in Sally's front door or bring to Tau meetings and give them to Vera. For more information about the clinic, see [http://www.cdda.net/programs\\_freemedicalclinic.php](http://www.cdda.net/programs_freemedicalclinic.php).

## **TAU COMMITTEES**

If you are interested in participating actively in one of our Committees, take a moment to chat with the chair:

Hospitality Committee – Veronica O'Donnell, OFS  
Infirmarian Committee – Irene Naveau, OFS  
Recruitment Committee – Bill Bouffard, OFS  
Technology Committee – John Ata, OFS

## **NEWLY PROFESSED**

On September 21, 2018, Tau Fraternity celebrated the profession of four people: Pat B., OFS; Cyndy Filan-Kim, OFS; Josh Goldberg, OFS; and Joe M., OFS. Please pray for them as they have made a solemn commitment to the gospel life. If you haven't had a chance yet, congratulate our newest professed members!

## **TAU FAMILY REMEMBRANCE**

Let us remember with great joy our brother Frances "Frank" Mullin, OFS. We recently learned that Frank passed away on July 3, 2018. Please pray for the repose of his soul and pray that his family will be comforted.

## **COMING UP IN OCTOBER**

October is the Month of the Holy Rosary and the Holy Angels \*

Oct 1 - Ron Kauffman's birthday  
Oct 2 – Memorial of the Guardian Angels  
Oct 3 – Transitus of St. Francis, 7:00pm at St. Joseph or 7:15 at the Shrine of St. Anthony  
Oct 4 – Solemnity of our Seraphic Father St. Francis, plenary indulgence for tertiaries and cordbearers  
Oct 5 – Clari Claus' & Gail Dowling's Profession Anniversary  
Oct 6 – Pam Brooks', Helen Broxmeyer's, & Sally White's Profession Anniversary  
Oct 7 – Memorial of Our Lady of the Rosary  
    Tau Monthly Meeting and Open House  
    Carol Clarke's Profession Anniversary  
Oct 9 – Cyndy Filan-Kim's birthday  
Oct.13 – Cooking Hospice Apostolate – Washington, DC  
Oct 14 – Pat B's birthday  
Oct 17 – Memorial of St. Ignatius of Antioch  
Oct 18 – Feast of St. Luke  
Oct 24 – Al Carroll's & Vera Stewart's birthday  
Oct 28 – Feast of Sts. Simon and Jude  
Oct 29 – Bill Brewster's birthday  
Oct 31 – Bill Richey's birthday

\* See the Franciscan Calendar for more dates: <http://www.roman-catholic-saints.com/traditional-franciscan-calendar.html>

## UPCOMING EVENTS

### National Geographic Museum Exhibit

**Theme:** Tomb of Christ

**When:** Now through January 2, 2019

See <https://www.nationalgeographic.org/dc/exhibitions/tomb-of-christ/>

## TRANSITUS OF ST. FRANCIS

Excerpt from post by Fr. Jim Kent, OFM Conv. <http://franciscansusa.org/transitus-what-is-it>



Artwork by  
Eugene Burnand

Transitus is the annual celebration by Franciscans throughout the world of the passing of St. Francis from this life to life with God. It is celebrated the night of October 3, the eve of his feast day. The word "transitus" comes from the Latin, meaning passage or crossing.

There is no one ritual for Transitus, and therefore many expressions have developed for this liturgy. Certain prayers or writings of St. Francis and accounts from his early biographers are common. One of them, "The Life of St. Francis" by Thomas of Celano, recalls how when Francis was dying he asked that the washing of the feet from Gospel of John be read. This Scriptural passing is often included in the

Transitus. Since Francis spoke of dying as embracing Sister Death, the ritual is solemn but not sad and inspires the participants to richly live the Gospel until the end of their days.

## THE FRANCISCAN CROWN ROSARY

From <http://www.prayerfulrosary.com/Franciscan.html>

The Franciscan Crown Rosary is a Rosary consisting of seven decades with each decade describing a particular joy from the life of the Blessed Virgin Mary. The Seven Joys are:

- 1) The Annunciation
- 2) The Visitation
- 3) The Birth of Our Lord Jesus Christ
- 4) The Adoration of the Magi
- 5) The Finding of the Child Jesus in the Temple
- 6) The Appearance of Christ to Mary after the Resurrection
- 7) The Assumption and Coronation of Mary as Queen of Heaven

### **How to Pray the Crown Rosary**

The Franciscan Crown Rosary begins quite simply by stating the first Mystery and then praying one Our Father and ten Hail Marys while meditating upon it. This same procedure is then followed for the other six Mysteries. Even though it is common practice nowadays to add the Glory Be at the end of each decade, and even the Fatima Prayer, these are not required. It is customary to finish by adding two Hail Marys in honor of the 72 years that Our Lady is said to have lived on earth, and one Our Father and Hail Mary for the intentions of the Pope.



This rosary may be purchased at  
[www.catholicsacramentals.org](http://www.catholicsacramentals.org)

## **REBUILDING HIS CHURCH – SERVANT LEADERSHIP**

In discerning whether you are called to take on a leadership position in the Tau Council, consider what it means to be a Franciscan Servant Leader. We are all called to Servant Leadership, whether we are Council members or not. The “Handbook For Franciscan Servant Leadership, Revised 2010” states in Part 1 (page 3):

“As Franciscans of the third millennium, we in the SFO do indeed have an important task. We are seeking to continue the work of our Order begun by Francis: **To live a conversion-based, Gospel-centered life, bringing Franciscan values to bear in our contemporary setting.** We **MUST** answer the call in our times to ‘rebuild my church,’ as Franciscans before us have done and as Franciscans who follow after us will do.”

Later, on p. 13, the Handbook acknowledges that the life of the fraternity more closely resembles a family than an organization. As such, the Franciscan servant leader “does not fit the common world stereotype of the leader as an authority figure. . . .” It describes the leadership as a “shared leadership”. Everyone is responsible for participating, and “Everyone feels accountable and an integral part of the whole because everyone is contributing his or her talents for the good of all, sharing the load.”

On p. 119, the Handbook suggests talents of potential servant leaders:

1. The ability to acknowledge and encourage fraternity members to explore new horizons, and grow within the fraternity
2. The ability to recognize and respect the true worth of every fraternity brother and sister
3. The ability to place the needs of the fraternity before his or her personal needs
4. Communication skills that are the binding force that pulls the fraternity together
5. The foresight to accept fresh new ideas, which most often are proposed from the members of the fraternity
6. The ability to communicate a sense of ownership coupled with accountability to each fraternity member
7. The ability to properly focus and mobilize the energy and enthusiasm of the fraternity members
8. The ability to develop commitment from other fraternity members, which perpetuates itself into “collaborative teamwork”

In essence, servant leadership is not about a governing body leading or serving a population. Rather, it is about loving our Franciscan family and working together to rebuild Christ’s church. You don’t have to be a business leader or have special skills to assume a role on the Tau Fraternity Council. Look into your heart and consider how you will participate in the shared leadership of Tau Fraternity.

The “Handbook For Franciscan Servant Leadership” was originally published in 1998 and was revised in 2010 after the General Constitutions were revised in 2000. Members of Tau Fraternity who contributed to the handbook are Anthony DelPopolo, OFS and Sally (Stratmoen) White, OFS. Also, Father Bernie Tickerhoof, TOR, who lead our retreat last May contributed. You may order the handbook through Smoky Valley Printing, 120 W Lincoln St., Lindsborg, KS 67456. See the Tau USA newsletter for ordering information.

[https://secularfranciscansusa.org/wp-content/uploads/Tau\\_USA\\_094\\_spr\\_18.pdf](https://secularfranciscansusa.org/wp-content/uploads/Tau_USA_094_spr_18.pdf)

## NEXT TAU FRATERNITY GENERAL MEETING

Date: Sunday, October 7, 2018  
Location: St. Joseph Catholic Church  
Schedule: 12:30 - 1:30 Inquirer/Candidate Formation  
1:30 - Opening Prayer – **Gail Dowling, OFS**  
1:35 – 2:10 Open House and Social time with meal \*  
2:10 - 3:20 On-going formation  
3:20 – 3:30 Break  
3:30 - 4:00 The Angelus, Liturgy of Hours, business meeting, and closing prayer

\* BYOB - Please bring your own beverages to the meetings. Please bring finger foods to share. If your last name begins with A-H bring a savory dish; if your last name begins with I-Z bring sweets.

### INITIAL FORMATION:

Candidates: Chapter 20 in The Franciscan Journey  
Inquirers: Chapter 10 in The Franciscan Journey

All are welcome to join the Initial Formation groups.

### ON-GOING FORMATION:

We will begin our exploration of the Call to Holiness in Today's World, Pope Francis's Apostolic Exhortation, Gaudete et Exsultate ("Rejoice and be Glad!"). We will discuss Chapter 1, The Call to Holiness, and Chapter 3, In the Light of the Master. You can find the Call to Holiness at [http://w2.vatican.va/content/francesco/en/apost\\_exhortations/documents/papa-francesco\\_esortazione-ap\\_20180319\\_gaudete-et-exsultate.html](http://w2.vatican.va/content/francesco/en/apost_exhortations/documents/papa-francesco_esortazione-ap_20180319_gaudete-et-exsultate.html).

### THE ANGELUS

During Ordinary Time, we will precede the Liturgy of the Hours with the Angelus.

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail Mary, full of grace,

The Lord is with Thee;

Blessed art thou among women,

And blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

Pray for us sinners,

Now and at the hour of our death. Amen

V. Behold the handmaid of the Lord.

R. Be it done unto me according to thy word.

Hail Mary, etc.

V. And the Word was made Flesh.

R. And dwelt among us.

Hail Mary, etc.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

LET US PRAY

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.

## LITURGY OF THE HOURS:

Twenty-Seventh Sunday in Ordinary Time:

Hymn: #182 – O God, Our Help in Ages Past (Verses 1 and 2): pg. 1704

Gospel Canticle and Prayer: Evening Prayer II: pgs. 633

Everything else: Sunday, Week III Evening Prayer II: pg. 861

Reader: **Volunteer needed!! Contact Pam!**

For the next newsletter, please send your prayer requests and submissions to Vera Stewart at [thevastewarts@gmail.com](mailto:thevastewarts@gmail.com) or call or text (703) 459-6958. If you call and do not get an answer, please leave a voicemail message.