

# The Tau Signature

Tau Fraternity of the Secular Franciscan Order – Herndon, Virginia  
St. Margaret of Cortona Region

September 2018



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## Minister's Message

From Pam Brooks, OFS

Dear Sisters and Brothers,

It is hard to fathom that August is almost over - where has the summer gone? Is it me or does it seem that the older I get the faster time passes? It is a good reminder that we all should slow down and take time to savor the moments in our lives. God blesses us every day with moments that deserve recognition of God's loving grace. I suspect I am not the only one who does not always recognize each of those moments or who forgets to give thanks for those moments. I hope that each of you enjoys the rest of your summer - and that you are able to slow down and just "be", even if only for a short while. It's good for the soul!

Also, please remember that our Open House will be held during the October meeting. Please consider inviting someone to our meeting to explore if he/she is being called to a vocation with the Secular Franciscans. Personal invitations are more effective than relying solely on the bulletin announcements (though we are grateful for those as well!).

Peace and blessings, Pam

## Recap of Last Meeting, 8/5/18



Erik Larin, OFS gave a presentation on the Ark of the Covenant. He unveiled a replica of the Ark that he had built and then passed out handouts for the group to share. He described the layout of the tabernacle, which was illustrated in the handout, and where in the tabernacle the Ark would be located. He pointed out that the tabernacle is a cruciform shape, foreshadowing Christ. Erik said that the only time the Israelites lost a battle is when they did not have the Ark with them. Within the handout, Erik included an illustration of a priest, and he pointed out the rich symbolism in the priest's garments.

Erik explained that he used the measurements from Genesis in building the Ark. The Ark is 1.5 cubits x 1.5 cubits x 2.5 cubits, and it is carried by two poles. He said that the angels on top of the Ark are looking at each other, relaying the relationship between God and the world. He said when people try to stray from God, the wings bring them back. Erik explained that the bible instructs that the Ark be constructed from Acacia wood, but he learned that it could only be found in Jerusalem. So, Erik used local wood. He hand painted the Ark gold because the instructions in the bible state that it should be overlaid with gold.



Erik said that in the New Testament, Christ replaced the Ark as a place for atonement. He said that the mercy seat is between the cherubim on the Ark; the mercy seat is associated with atonement.

Walter Gawlak, OFS began the ongoing formation discussion On the last two chapters from the formation book Poverty & Joy, The Franciscan Tradition, by William Short by discussing the Franciscan concept of universal friendship. He said that the concept is reflected in our rule and in St. Francis' Canticle of the Creatures and Daniel's Canticle of the 3 men that we recite in the Liturgy of the Hours. He then asked the group if they found kinship with all creatures, such as mosquitoes, mice, etc.? Or even inanimate things? The members discussed the balance between respecting all of creation and protecting self and family as well as other related topics including the circle of life.

Walter asked the group to think about what we should do as individuals and as a Fraternity to be more Christocentric and embrace universal kinship. Next month we will discuss this. Future formation will focus on Pope Francis' exhortation on holiness.

## Prayer Submissions

Please keep the following members, relatives, and friends in your prayers:

For physical and spiritual healing of Pam Brooks and her son; Sally White and her sister; Richard & Carole Clarke and their grandsons Liam and Rory; Helen Broxmeyer; William Brewster; Irene Naveau; Ron Kauffman; Kay Flynn; and Ed Geiger. For the safety of the citizens of Aleppo, Syria during the civil war. For all peoples who suffer persecution. For the victims of natural disasters. For the Mother of Mercy Free Medical Clinic and its patients. For all those who are in need of our prayers who have been inadvertently omitted from this list.

Please forward prayer requests to Vera Stewart by the 14<sup>th</sup> of the month, so that they may be included in the newsletter.

## Cooking Hospice - Missionaries of Charity Apostolate

Our fraternity cooks for the Gift of Peace hospice on the second Saturday every other month. St. John Neumann Parish provides \$200 for us to buy groceries. Four or more of us meet at St. Joseph's parking lot at 7 a.m., drive to northeast D.C. and share our stories along the way. We cook for 60 people, including the other volunteers who work that day. Mother Teresa's nuns look in on us to make sure we know where kitchen wares can be found. They always express their gratitude to us with their great smiles. We're usually back at St. Joseph's parking lot by noon. Come and join us at least once. It's a heartwarming ministry.

The next Cooking Hospice Ministry trip will be on October 13<sup>th</sup>. We will meet at St. Joseph's school parking lot at 7am and will return by noon. All are welcome to lend a hand! If you would like to participate, please contact Veronica O'Donnell, OFS.

## St. Vincent de Paul Apostolate

SVDP is hosted by St. Leo the Great in the City of Fairfax. Note that I attempt to load up my vehicle with your food donations before and after the opening prayer each month. I check during breaks and after the meetings for late arrivals. If you have something that you cannot bring in yourself, let me know and I will give you a hand. After the meetings, I take the food collections and drop them off at the church for transfer to the SVDP pantry.

Whatever monetary donations I get, I deposit into the Tau bank account and write a check in the amount so that SVDP knows that the check is coming from Tau fraternity. Keep up the good work in SVDP donations – they are greatly appreciated. **All checks should be made out to "St. Leo SVDP."**

Thanks!!

Terry Rinker, OFS

## Individual Apostolates

Do you have a stash of prayer cards, key rings, medals, rosaries, etc. that are sent to you with requests for donations? Sally White, OFS is collecting these items to send to Mother of Mercy Free Medical Clinic for patients. If you have some, please drop them in the mail slot in Sally's front door or bring to Tau meetings and give them to Vera.

## Tau Fraternity Committees

If you are interested in participating actively in one of our Committees, take a moment to chat with the chair:

Hospitality Committee – Veronica O'Donnell, OFS

Infirmarian Committee – Irene Naveau, OFS

Recruitment Committee – Bill Bouffard, OFS

Technology Committee – John Ata, OFS

## August Opening Prayer

Submitted by Kimberley Heatherington, OFS

### *A Prayer*

Deepen Your love in me, O Lord, that I may learn in my inmost heart how sweet it is to love, to be dissolved, and to plunge myself into Your love. Let Your love possess and raise me above myself, with a fervor and wonder beyond imagination. Let me sing the song of love. Let me follow you into the heights. Let my soul spend itself in Your praise, rejoicing for love. Let me love you more than myself, and myself only for Your sake. Let me love others, as Your law commands.

— Saint Thérèse of Lisieux

## Tau Fraternity Announcements

### **Tau Fraternity Rite of Profession**

Four of our candidates will profess a commitment to the gospel life on September 21, 2018 at 7pm at St. Joseph Church. A reception will follow at the Parish Hall. All are invited to attend.

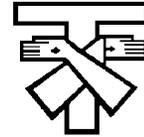
### **Tau Newsletters**

Beginning next month, the Tau Newsletter will be in different format.

## Coming up in September

September is the Month of the Holy Cross \*

- Sep 2 – Tau Monthly Meeting, Fraternal Visitation from Region
- Sep 3 – Doug Fehrer’s birthday
- Sep 7 – John Ata’s birthday
- Sep 8 – Nativity of the Blessed Virgin Mary
- Sep 10 – Blessed Martyrs of Japan  
Kay Flynn’s & Irene Naveau’s Profession Anniversary  
Tech Committee Meeting
- Sep 11 – Feast of Blessed Bonaventure
- Sep 12 – Feast of the Name of Holy Mary
- Sep 14 – Exaltation of the Holy Cross
- Sep 15 – Feast of Our Lady of the Seven Sorrows
- Sep 17 – Feast of the Stigmatization of St. Francis of Assisi
- Sep 18 – Feast of St. Joseph Cupertino
- Sep 21 – Feast of St. Matthew the Apostle  
Tau Fraternity Rite of Profession, 7pm at St. Joseph
- Sep 23 – Feast of St. Pio of Pietrelcina
- Sep 25 – Apostolate Committee Meeting
- Sep 27 – Memorial of St. Vincent de Paul
- Sep 29 – Feast of St. Michael the Archangel



Italian 15<sup>th</sup> Century

1470/1480  
Wood cut

Rosenwald  
Collection, 1943

\* See the Franciscan Calendar for more dates: <http://www.roman-catholic-saints.com/traditional-franciscan-calendar.html>

## Upcoming Events

### National Geographic Museum Exhibit

**Theme:** Tomb of Christ

**When:** Now through January 2, 2019

See <https://www.nationalgeographic.org/dc/exhibitions/tomb-of-christ/>

### Transitus of St. Francis

**When:** October 3, 2018, **tbd**

**Where:** St. Joseph Church

### Tau Fraternity Open House

**When:** October 7, 2018 at Tau meeting

**Where:** St. Joseph Parish Hall, Room 205

### Multi-Fraternity Mass and Franciscan Picnic

**When:** Sept. 16, 2018, noon to 4pm

**Where:** Shrine of St. Anthony, 12290 Folly Quarter Rd., Ellicott City, MD 21042

**RSVP by Sept. 9:** Email France Staudenmann at [mfstaudenmann@comcost.net](mailto:mfstaudenmann@comcost.net)

## Tau Fraternity Open House

As we prepare for the Open House, you may include a Franciscan Prayer for Vocations when you pray the Liturgy of the Hours. There are morning and evening prayers for each day. Please see <http://www.nafraformation.org/FRANCISCANVOCATIONPETITIONS.pdf>,

You can help make our Open House on October 7<sup>th</sup> a success by inviting your friends whom you think may have a vocation and by asking your pastor if you can place brochures in the church racks. Brochures were distributed in hard copy at the August Tau Fraternity Meeting and in soft copy via email from Bill Bouffard, OFS. Please ensure that the bulletin indicates that the Open House will be held at the Parish Hall. Also, please ask your parish office to insert the information in the church bulletin. Please keep Open House coordinators Bill Bouffard and Gail Dowling, OFS informed as you get permission to put brochures in racks and your church office agrees to run the bulletin announcements. The bulletin announcements should run September 23 and September 30. If possible, the announcement may also be run on October 7.

### Parish Bulletin Insert:

Tau Fraternity of the Secular Franciscan Order invites you to “come and see” if you have a vocation as a Secular Franciscan. You are invited to the annual Open House on October 7, 2018 at 1:30 pm in room 205 in the St Joseph Church Parish Hall. The address is 750 Peachtree Street, Herndon, VA 20170

Please see our website for further details, <https://tauofs.org> or contact Bill Bouffard, [bilbouf@verizon.net](mailto:bilbouf@verizon.net), Spend an hour, stay a lifetime.

## Tau Fraternity History

Submitted by Sally White, OFS

### THE FIRST COUNCIL



Bill Obenauer OFS (right) and Ron Kauffman OFS (left) at a Baptism reception in 1985

William (Bill) Obenauer OFS was the first Vice Minister of the Tau Council. He had previously professed at another fraternity and transferred in order to help establish the Tau Fraternity. Bill was an extremely devout Franciscan. In addition to his Franciscan apostolates, Bill was active in the Knights of Columbus Good Samaritan Council. He was the Charter Deputy Grand Knight from 1969-1970 and the second Grand Knight from 1970-1971 of the Good Samaritan Council.

Bill's professional life was devoted to service to others, which included federal and military service. He spent over 30 years as a federal servant, serving as an FAA Supervisor Air Traffic Controller. Bill also served in the US Air Force from 1940-52. Bill passed away in 2000.

## About the Tau Council

<https://secularfranciscansusa.org/>

The August issue of *The Tau Signature* included the composition and duties of the local fraternities, as documented in the *General Constitutions*. As you continue to discern on whether you are called to Servant Leadership, read more about duties of the local fraternity council as stated in the constitutions:

## Article 51

1. While firmly upholding the co-responsibility of the council to animate and guide the fraternity, the minister, as the primary person responsible for the fraternity, is expected to make sure that the directions and the decisions of the council are put into practice and will keep the council informed about what he or she is doing.
2. The minister also has the following duties:
  - a. to call, to preside at, and to direct the meetings of the fraternity and council; to convoke, every three years, the elective chapter of the fraternity, having heard the council on the formalities of the convocation;
  - b. to prepare the annual report to be sent to the council of the higher level after it has been approved by the council of the fraternity;
  - c. to represent the fraternity in all its relations with ecclesiastical and civil authorities. When the fraternity acquires a juridical personality in the civil order, the minister becomes, when possible, its legal representative;
  - d. to request, with the consent of the council, the pastoral and fraternal visits, at least once every three years.
  - e. to put into effect those acts which the Constitutions refer to his or her competence.

## Article 52

1. The vice-minister has the following duties:
  - a. to collaborate in a fraternal spirit and to support the minister in carrying out his or her specific duties;
  - b. to exercise the functions entrusted by the council and/or by the assembly or chapter;
  - c. to take the place of the minister in both duties and responsibilities in case of absence or temporary impediment; d. to assume the functions of the minister when the office remains vacant.
2. The secretary has the following duties:
  - a. to compile the official acts of the fraternity and of the council and to assure that they are sent to their respective proper recipients;
  - b. to see to the updating and preservation of the records and the registers, noting admissions, professions, deaths, withdrawals, and transfers from the fraternity;
  - c. to provide for the communication of the more important facts to the various levels and, if appropriate, to provide for their dissemination through the mass media.
3. The master of formation has the following duties:
  - a. to co-ordinate, with the help of the other members of the council, the formative activities of the fraternity;
  - b. to instruct and enliven the inquirers during the time of initiation, the candidates during the period of initiation formation, and the newly professed;
  - c. to inform the council of the fraternity prior to profession, concerning the suitability of the candidate for a commitment to live according to the Rule.
4. The treasurer, or bursar, has the following duties:
  - a. to guard diligently the contributions received, recording each receipt in the appropriate register, with the date on which it was given, the name of the contributor, or the one from whom it was collected;
  - b. to record in the same register the items of expense, specifying the date and the purpose, in conformity with the directions of the fraternity council;
  - c. to render an account of his or her administration to the assembly and to the council of the fraternity according to the norms of the national statutes.

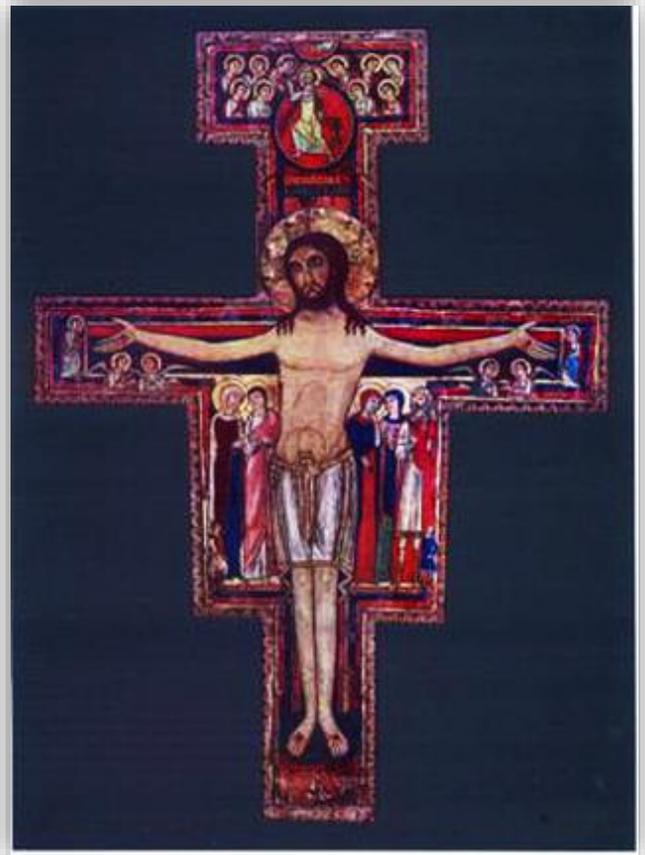
To learn more about the local fraternity council roles and responsibilities, please see the Council Members Handbook on the Saint Margaret of Cortona Region webpage: <http://saintmargaretofcortona.org/wp-content/uploads/2018/03/2018-Council-Members-Handbook-1.pdf>

## San Damiano Crucifix

Excerpt from <https://www.franciscanthirdorderpenitents.com/san-damiano-crucifix>

When one gazes at the Crucifix of San Damiano, one is immediately captured by the wide open eyes and serene face of the Lord. The eyes seem to gaze gently into the penitent's soul, beckoning, "Come, follow Me." The face pleads but does not cajole. The invitation to become the Lord's is made with love yet freedom. Christ calls, but He does not force assent.

On the cross, Christ is both crucified and glorified, showing that the penitential life of joyful and voluntary self-surrender for the sake of others is a humble self-emptying that leads to our eternal glory. A small figure of a cock, alongside Christ's lower legs, recalls Peter's denial of Christ, a bitter reminder to penitents of our own sinfulness, which we offer to God as part of our own self-emptying. "Lord, have mercy on me for I am a sinner." On the opposite side, is a very faint creature almost impossible to see. The figure, intentionally nearly invisible, is that of a cat or a fox, both symbols of secretive, sly acts of treachery and deceit. The towering, glowing figure of Christ overshadows both the rooster and the fox/cat. Christ has overcome both public sins like that of Peter and private, hidden sins that lurk in the dens of our souls. We can be forgiven of all if we gaze into the eyes of that Crucified God-Man and call out, "I believe. Forgive me. I give myself to You."



Behind Christ's outstretched arms is a long, black band that represents the empty tomb. Above Him radiate the glories of heaven. The Father's Hand at the top of the icon blesses us who venerate the image as well as the Ascended Christ who enters glory, surrounded by welcoming angels and saints. The Father's two extended fingers, in granting the blessing, grant the Holy Spirit as well, coming from the Father to be with us forever. Thus we have hope that, because of our voluntary giving of self to God and to neighbor, we, too, will overcome eternal death and enter eternal life, won for us by the Sinless One Who took our sins upon Himself and Who died voluntarily for us so that we might live for Him.

Christ stands on a solid black mass which represents the Rock of the Catholic Church. On the foundation of the Church, which, in the Pope and Magisterium support Christ, we penitents can feel secure.

Below this Rock, almost obliterated by thousands of kisses placed at the foot of this cross, are haloed saints whom we cannot identify. Scholars postulate that these may be patron saints of the churches of Assisi: Saints Damian, Rufinus, Michael, John the Baptist, Peter, and Paul. However, no one is certain who these saints are. Because we cannot identify them, these saints remind us of the unknown multitudes who were washed in the Blood of Christ, who remained solidly within the Church, and who reign with Christ in heaven. They are humbly placed beneath the feet of Christ for they recognize that He is their Lord and Master. So must we realize the same.

Around the cross are clustered holy followers of Christ who are models for penitents. First stands Our Lady, the sinless Virgin whose only response to God's Will was always a "yes." To her, the Confraternity and all its members are dedicated. May we honor her daily as she intercedes for us.

Next to her, sharing a smile for they know that Our Lord lives, is St. John the Evangelist, Christ's beloved apostle who spoke so eloquently of the divinity and of the love of Christ. It's wise for penitents to read his Gospel frequently and to meditate well on it. The blood from Christ's pierced heart is spurting on John, who is representative of all humanity. We are all bathed in the living, ever flowing sacrificial love of Christ, a love so profoundly intense that it led to His incarnation, life on earth, Passion, and death.

On the opposite side of the Crucifix stands Mary Magdalene, she who loved the Lord so sincerely that she would not even abandon Him at His grave. Her hand is to her mouth, as is Our Lady's Hand. The two women, who loved Christ best, are sharing the deepest feelings of their hearts with those who listen to them. What can these two women teach us about a pure and total love of the Lord? If only we could hear what they are saying! Perhaps if we pray, the Holy Spirit will grant our hearts insights into their selfless and pure love.

Listening intently to Mary Magdalene is Mary Clopas, another woman who came to the tomb with Mary Magdalene, to anoint the dead body of the Lord. These two women typify the intense and courageous devotion which penitents ought to have for Christ, a devotion that persists no matter how difficult life may become.

Last in line, is a figure who may represent either of two men. Perhaps this red robed gentleman without a halo represents the centurion who was captured by Christ at the very hour of our Lord's death. The bearded figure is oblivious to the crowd. His gaze is fixed on Christ, just as was the gaze of that centurion whose conversion came about because he witnessed the crucifixion. The wood which he holds in his hand could be symbolic of his role in erecting the cross or in fastening the inscription over it which reads "Jesus the Nazarene, the King of the Jews." The centurion is holding up three fingers which indicate the Trinity. He now knows, "Truly this man was the Son of God." As the circumstances of the centurion's conversion point out, the past makes no difference and the future does not count where conversion is concerned. The right time for conversion is always now.

Behind the centurion are the heads of many others. These may be those multitudes who witnessed the crucifixion. The only figure whose face is visible is the one in front and he is frowning. This figure may represent those who mocked Christ, taunting Him to come down from the cross and save Himself. The grumpy looking man and the heads behind him remind us that we have a choice--we can believe and smile as the other major figures are doing, or we can reject Christ and be devoid of spiritual happiness.

There is an alternative symbolism for the bearded, red robed man and the small figures behind him. Perhaps this man represents the centurion whose story is told in the Gospels of Luke (7:1-10) and Matthew (8:5-13). Luke's story reveals that this centurion was a supportive of the Jewish community and had built for them a synagogue, represented by the wood which this figure holds. The centurion had asked Jesus to cure his servant but did not feel it was necessary for Christ to enter his house to do so. "I am not worthy to have you come under my roof," the centurion said. "Just say the word and my servant will be healed." The words recall what Catholics profess at every Mass before the reception of the Eucharist. The man's gaze so fixed on Christ admonishes us to see Him in the Eucharistic Presence and to adore Him as this man is doing.

In this interpretation, the small head behind the centurion is the cured servant and the heads behind him the members of the centurion's household, all of who came to believe in Christ because of the miracle of the servant's cure. We are reminded that God's workings in our lives are expansive. What He does for one can bring many others to Him.

Two small Roman figures are on either side of the cross as well. One seems to signify the soldier who offered Jesus a taste of sour wine. The other could possibly be the centurion who pierced the side of Christ with a lance. These men are sad symbols of those who are just "doing their jobs," without regarding the moral nature of their work. As penitents we need to beware of engaging in any activity that is not morally sound.

In the red border around the cross are scrolls that recall tendrils of vines. They bring to mind Christ's admonition that He is the vine while we are but branches. To bear fruit, we must remain in Him. A life of penance, conversion, must be rooted in Christ.

The Crucifix is bordered with golden scallop shells, ancient symbols of baptism. In baptism, we are made new, our sins removed by the grace of the God-Man Who died for us in agony. Penitents must daily renew their baptismal promises to reject satan and embrace the fullness of the faith. This we do by twice daily praying both the Apostle's Creed and Psalm 51.

The wounds of Christ are spurting blood which pours down upon the figures of the cross and upon us. The crucifixion is not something that happened once and can be thought of as a past event. The crucifixion is timeless in the mind of God to Whom all time is now. Christ's agony is real and immediate. He suffers now for our sins and for the sins of all. His fresh and flowing wounds call us to give our life blood for the sake of others, as He did, in loving service to all.

The loincloth that girds the figure is white for purity and chastity, virtues to which all penitents are called, yet bordered in gold, the garb of a king. The cloth is tied with three knots, reflecting the purity and kingly nature of the Trinity. The cloth reminds us that pure and holy lives are the only lives worthy of penitents, and the only lives that will lead to glory.

The hair that cascades down Christ's shoulders plaits into three locks on His left shoulder and three on His right, with Christ's head in the center. The six locks of hair recall the six days of Creation, while the head of Christ indicates the Lord of that creation and the Commandment that He be honored on the seventh day. Penitents are to honor the Solemnity of the Sabbath and keep it holy for the Lord and, likewise, to keep holy all other Solemnities of the Church.

The halo behind Christ's head is radiant and huge. It portrays a cross, too, yet a glorified one, reminding us that holiness is possible only through embracing of the cross of Christ. The way of the cross leads to glory.

The primary colors of the crucifix are black, gold, and red. Black for sin and penance, red for sacrifice and love, and gold for glory. The colors alone are a sermon on conversion. May we repent of our sins, be willing to sacrifice for and love others and the Lord, and be rewarded with eternal glory.

## Scriptural Reading

Submitted by Sally White, OFS

The USCCB Daily Reading for the Assumption of Mary Vigil on August 15, 2018 relates to the presentation made by Erik Larin at the August Tau Meeting:

### **Reading 1 [1 CHR 15:3-4, 15-16; 16:1-2](#)**

David assembled all Israel in Jerusalem to bring the ark of the LORD to the place which he had prepared for it.

David also called together the sons of Aaron and the Levites.

The Levites bore the ark of God on their shoulders with poles, as Moses had ordained according to the word of the LORD.

David commanded the chiefs of the Levites to appoint their kinsmen as chanters, to play on musical instruments, harps, lyres, and cymbals, to make a loud sound of rejoicing.

They brought in the ark of God and set it within the tent which David had pitched for it.

Then they offered up burnt offerings and peace offerings to God.

When David had finished offering up the burnt offerings and peace offerings, he blessed the people in the name of the LORD.

## Tau Fraternity: Next Meeting Date

### **Tau Fraternity General Meeting: Sunday, September 2 at St. Joseph Catholic Church**



- 12:30 - 1:30 Inquirer/Candidate Formation
- 1:30 - Opening Prayer – **Vicki Shanholtz, OFS**
- 1:35 – 2:05 Social time with meal \*
- 2:05 - 2:50 On-going formation
- 2:50 – 3:00 Break
- 3:00 - 3:30 Program – **Kimberley Heatherington, OFS**
- 3:30 - 4:00 The Angelus, Liturgy of Hours, business meeting, and closing prayer

\* Last names A-H bring sweets; I-Z bring savorys. BYOB - Please bring your own beverages to the meetings.

#### **Initial Formation:**

Candidates: Chapters 31, 32 and 33 in The Franciscan Journey

New Candidates: Chapter 19 in The Franciscan Journey

Inquirers: Chapter 9 in The Franciscan Journey

All are welcome to join the Initial Formation groups.

#### **On-going Formation:**

We will engage in an exercise as a follow on to our reading of Poverty and Joy. All are asked to consider what this catalog of Franciscan traditions is leading us to do, how it guides our daily conversion.

#### **The Angelus**

During Ordinary Time, we will precede the Liturgy of the Hours with the Angelus.

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail Mary, full of grace,

The Lord is with Thee;

Blessed art thou among women,

And blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

Pray for us sinners,

Now and at the hour of our death. Amen

V. Behold the handmaid of the Lord.

R. Be it done unto me according to thy word.

Hail Mary, etc.

V. And the Word was made Flesh.

R. And dwelt among us.

Hail Mary, etc.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

LET US PRAY

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.

**Liturgy of the Hours:**

Twenty-Second Sunday in Ordinary Time

Hymn: #40 – Love Divine All Loves Excelling: pg. 1548

Canticle of Mary Antiphon and Prayer: Twenty-Second Sunday in Ordinary Time: Evening Prayer II: pg. 628, 627

Everything else: Sunday, Week II Evening Prayer II: pg. 786

Reader: **Kimberley Heatherington, OFS**

For the next newsletter, please send your prayer requests and submissions to Vera Stewart at [thevastewarts@gmail.com](mailto:thevastewarts@gmail.com) or call or text (703) 459-6958. If you call and do not get an answer, please leave a voicemail message.



**PACE E BENE**  
TAU FRATERNITY